



Portal Registration Instructions

Welcome to the all-in-one personal health record and patient portal that lets you access your medical information in a secure online environment **24 hours a day**, **7 days a week** from any computer, laptop, tablet, or smartphone!

Just follow these simple steps to get connected today!

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Thu 12/5/2013 Respond Follow MytHealth

Check your Email. You will receive an email from noreply@followmyhealth.com. Click the registration link and follow the onscreen prompts.



Click Create an Account. If you already have a portal account and want to add an additional provider, click **Add This Connection.**



Choose a Login Method. Create a username and password for your portal account by clicking the FMH Secure Login icon. **OR** Use an existing username and password from Facebook, Gmail, Yahoo, Windows Live or CernerHealth by clicking the respective icon. **Skip to Get Connected on back if you select this option**.

If You Are Creating a FMH Secure Login Account, Follow These Easy Steps:

https://testsecure.fol	lowmyhealth.com/Account/Register?returnUrl=%2FOpenId%2FProcessAuth
FMH	
Create Your FMH	Secure Login
Already have a FMH Secure Account?	Click Here to log in
Create Your Username	
Username must begin with a letter and m	ay not contain spaces or special characters
Create Your Password	
Password should be at least 8 characters	in length, and include at least one numeric and one special character, such as: 100
Confirm Password	

Provide a unique username and password, along with your email and hit *Continue*.

CC III https://testsecure.follow	wmyhealth.com/Account/Login?ReturnUrl=%2FOpenId%2FProcessAuthRi ρ -
FMH	
FMH Secure Login	Creation Successful!
Enter Your FMH Secure Login User	
Username	
Password	
Log in	
Forgot your password?	

Enter your FMH Secure Login username and password.

Delete		,	Resp	oond			Quick	Steps	
To Grenda	Thu 12/5/2 noreply(FMH Sec Stewart	@Follov	wМуНе						
Action Iter	ns								
Hello,									
Please keep this email for your records. You have requested to c									
Username: brendastewart99									

Print and **save** the email containing your username. You will need it if you lose your username or password. **Get Connected.** Follow the on-screen prompts on the next four screens to complete your connection. These screens include accepting our Terms of Service, entering your Invite Code (last four digits of your social security number*) and accepting the Release of Information.

FollowMyHealth +	FollowMyHealth
Connect your account. Bra 1: Websen	Correct gours accounts. Be 26 a care of the same of t
FollowMyHealth'	FollowMyHealth
Connect your account	Connect your account
Step 3: Enter Invite Code	Step 4: Release of information Provide the the the the the the the the the th

Registration and Connection is Now Complete

Your health record will now begin to upload. Please note this may take a few minutes.



View The First Time Walk-Through Video

Learn about all the tools your portal has to offer by watching this 3-minute video.

If you wish to view this video later, you can access it by clicking on the **My Account** dropdown in the right hand corner and selecting **Preferences**.



Congratulations! You can now access your health information and start managing your care online!



