

2026 Resources for Faith Leaders

Nurturing Flourishing

Communities Through Faith

Tuesday, Oct. 13, 2026

7:30 a.m.: Registration and breakfast

8 a.m. to 3 p.m.: Program and lunch

The Olmsted

3701 Frankfort Ave.

Louisville, KY 40207



NORTON
FAITH & HEALTH
MINISTRIES

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Description

There has been increasing interest in the topic of *human flourishing*, a state of happiness, well-being, meaning and purpose. This one-day workshop focuses on faith and human flourishing. Attendees will learn about skills and programming interventions to maximize human flourishing at home, at work, in social relationships and in other settings.

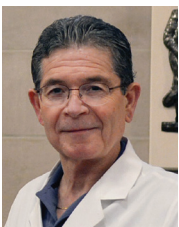
Target audience

This conference is for clergy, faith leaders, faith community nurses, health ministers, congregational care teams, chaplains and seminarians.

Objectives

1. Discuss sources of information on human flourishing.
2. Review research on faith and human flourishing.
3. Describe the eight programmatic interventions to enhance human flourishing.

Guest speaker



Harold G. Koenig, M.D., MHSc.

Professor, Psychiatry and Behavioral Sciences
Director, Center for Spirituality, Theology and Health
Duke University
Durham, North Carolina

With more than 800 scientific peer-reviewed academic publications, book chapters and books, Dr. Koenig was ranked No. 1 in the world among highly ranked scholars in the academic discipline of spirituality, and 29th in psychiatry in 2022 and 2024. In 2026, he was ranked ninth best in the world and sixth best in the U.S. by Research.com in the overall category of Best Social Sciences and Humanities Scientists, and received the 2026 Research.com Social Sciences and Humanities in United States Leader Award. Dr. Koenig earned his medical degree from the University of California at San Francisco and completed his training in geriatric medicine, psychiatry and biostatistics at Duke University in Durham, North Carolina. He is board certified in general psychiatry, and formerly in family medicine, geriatric medicine and geriatric psychiatry.

Agenda

- 7:30 a.m. **Registration and breakfast**
- 8 a.m. **Welcome**
Russell F. Cox
President and CEO
Norton Healthcare and Norton Children's
- 8:10 a.m. **Opening prayer**
Guest speaker introduction
The Rev. Ronald C. Oliver, Ph.D., MBA, Th.M., M.Div., BCC
System Vice President
Mission & Outreach
Norton Healthcare
- 8:15 a.m. **Presentation session 1**
Harold G. Koenig, M.D., MHSc.
• Definitions (faith, holiness, human flourishing)
• Review of research on faith/holiness and human flourishing
• Overview of the eight programmatic interventions to enhance human flourishing
- 9 a.m. **Questions and answers**
- 9:15 a.m. **Break**
- 9:25 a.m. **Presentation session 2**
Harold G. Koenig, M.D., MHSc.
• Loving God
• The kindness challenge
- 10:10 a.m. **Questions and answers**
- 10:25 a.m. **Update: Norton Children's new pediatric campus**
Renee Murphy
Senior Vice President
Chief Marketing and Communications Officer
Norton Healthcare and Norton Children's
- 10:35 a.m. **Presentation session 3**
Harold G. Koenig, M.D., MHSc.
• Expressing appreciation
• The gratitude challenge
- 11:20 a.m. **Questions and answers**
- 11:35 a.m. **Lunch buffet**

Agenda

- 12:25 p.m. **Presentation session 4**
Harold G. Koenig, M.D., MHSc.
• Building character strengths
• Becoming more forgiving
- 1:10 p.m. **Questions and answers**
- 1:25 p.m. **Break**
- 1:35 p.m. **Presentation session 5**
Harold G. Koenig, M.D., MHSc.
• Becoming more humble
• Attention to the brain and physical body
- 2:20 p.m. **Questions and answers**
- 2:35 p.m. **Wrap-up and reflections**
- 2:55 p.m. **Closing prayer**
Sue Davis, Ed.D., R.N.
Chair, Committee on Faith & Health Ministries
Member, Board of Trustees
Norton Healthcare
- 3 p.m. **Adjournment**



Continuing education

Pastors

This conference has been approved for 0.5 continuing education units for United Methodist pastors of the Kentucky Annual Conference through the office of the director of ministerial services.

Chaplains

The provider of this educational event has designed the program so that it may be considered by participants for use as continuing education to enhance the professional knowledge and pastoral competency of chaplains certified through the Board of Chaplaincy Certification Inc., an affiliate of the Association of Professional Chaplains.

Nurses

Kentucky Board of Nursing (KBN) Approved Provider: Norton Faith & Health Ministries, provider number 4-0181-12-26-005. The program has been approved by Norton Faith & Health Ministries for 6.0 contact hours, which expires 12/31/2026. KBN approval of a continuing education provider does not constitute endorsement of program content. Nursing participants must attend the entire program, attest to the number of hours of attendance and complete the evaluation to receive contact hours. For more information related to nursing credits, contact Michele Harbin, MBA, BSN, R.N., HNB-BC, at **(502) 629-2700** or **michele.harbin@nortonhealthcare.org**.

Special needs

Norton Healthcare is committed to making this conference accessible to all individuals. At the time of registration, describe any auxiliary aids or services (identified in the Americans with Disabilities Act) needed. Advance notification of any special needs helps us better accommodate your needs. Email requests to Holly Horn, executive secretary, Norton Faith & Health Ministries, at **holly.horn@nortonhealthcare.org**.

Registration

There is no charge for this conference, but registration is required.

Registration deadline: Monday, Oct. 5, 2026

Three convenient ways to register:

1. Visit **NortonHealthcare.com/2026ResourcesForFaithLeaders**
2. Call **(502) 629-1234**, option 4, or **(888) 4-U-NORTON/(888) 486-6786**.
3. Scan the **QR code**.



For more information, call Norton Faith & Health Ministries at **(502) 629-2700**.