

Norton Neuroscience Institute Memory Center

What to Expect:

Memory Center Visits and Support Services

Norton Neuroscience Institute wants to help you make the most of your patient experience. We want to provide an overview of what you can expect as a new patient and the comprehensive selection of treatment options and support resources we offer at our memory center.

New Patient Appointment:

To prepare:

Bring a trusted care partner: It is important to bring someone with you to your appointment to help us better understand your medical history and current symptoms. This can also help you recall information that is provided during your appointment.

Bring a list of your current medications: A review of all medications and supplements you currently take is very important. If you are unsure about your medicines, your pharmacy or primary care provider can print a current list for you.

Medical Records. If applicable, please bring any medical records containing brain imaging, blood work results, and information about treatments for any existing medical conditions, previous memory tests.

Advance Care Planning: If you already have a Living Will and/or Power of Attorney, please bring a copy of those documents with you for your medical chart.

What to expect:

Discuss your medical and memory history. Providers will talk with you and your care partner about your current symptoms.

Cognitive Testing. Your provider will administer brief memory and thinking tests to get an idea of your cognitive strengths and weaknesses.

Norton Neuroscience Institute Memory Center

Norton Medical Plaza III – Brownsboro, Suite 301

4915 Norton Healthcare Blvd.

Louisville, KY 40241

(502) 394-6460 Phone

(502) 394-6465 Fax



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Physical and Neurological Exam. Your provider will complete a physical and neurological and physical exam.

Additional Testing and Treatment. After your initial visit, your provider may recommend the following as appropriate:

- Additional lab or blood tests,
- Additional brain imaging studies,
- Neuropsychological testing: If more in depth memory and thinking testing is necessary, a referral will be made to a neuropsychologist. This testing may take 1 -4 hours.

Follow Up Appointments:

As a patient, you will interact with multiple members of our team throughout your appointments. In some cases this may mean alternating visits between a physician and APP, and in others primarily seeing an APP in follow-up. However, in all cases patients have the full strength and expertise of our entire group. Follow up appointments are usually every 3-6 months, and involve discussion of symptoms, brief memory and thinking test, physical and neurological exam, and discussion of treatments.

Being part of a center which offers comprehensive care, you will be followed by our team for continued treatment and support, at times offering additional therapies in the management of your memory disorder diagnosis.

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Comprehensive Care Team

Our team's priority is providing accessible care to all patients. At the NNI Memory Center, we prioritize ongoing care via medical appointments and support services for the patient and their caregiver. Throughout your care journey, you may encounter one of these specialists:

Neuropsychology – The Neuropsychologist and psychometrist conduct evaluations to characterize cognitive and behavioral changes. This specialist helps in making an accurate diagnosis.

Social Worker – A Licensed Clinical Social Worker through the Norton Neuroscience Institute Resource Center is dedicated to working with our Memory Center patients and care partners. Providing disease education, coordinating community resources to long term support planning, the Social Worker is available as you need to support and guide you and your family.

Contact the Norton Neuroscience Institute Resource Center: 502-559-3230 (office) or 502-544-0198 (cell)

Psychiatric Nurse Practitioner- Behavioral symptoms are common symptoms one may experience with a dementia diagnosis. Our Psychiatric Nurse Practitioner offers non-medication therapeutic approaches along with medical interventions to help manage behavioral symptoms.

To contact Tammy Evanow, APRN, please contact your provider by calling 502-394-6460 or sending a message through MyChart.

Rehabilitation Services – Occupational Therapy, Speech-Language Therapy and Physical Therapy offer therapeutic services that enhance a patient's quality of life. These services need an order from your provider's office.

To talk more about these services, please contact your provider at 502-394-6460 or sending a message through MyChart.

Pastoral Care and Spiritual Health Professionals.

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Norton Neuroscience Institute Resource Center

Classes, Support, and Educational Opportunities

Through the Norton Neuroscience Institute Resource Center, classes and programs that support and enhance the patient and care partner are offered free of charge.

Support Groups

Caregiver Workshops

Brain Health Educational Classes

Information Webinars

Exercise, Yoga, and creative arts classes

For a complete list of classes, please call the NNI Resource Center at 502-559-3230 or email NNIRegistration@nortonhealthcare.org.

On-Demand Patient Education

Norton Neuroscience Institute provides access to on-demand patient education resources for all neurological conditions, including memory disorders.

To learn more, go to NortonHealthcare.com/NeuroEducation.



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