



## **What is a Health Ministry?**

A health ministry promotes whole-person health and healing — body, mind and spirit. It includes a wide variety of faith community services, from coordinating blood pressure checks and other health screenings to helping people find health resources to visiting the sick and homebound. A health ministry can be organized in whatever way best meets the health and wellness needs of the congregation and neighborhood it serves.

## **What is a Health Minister? (Also called Health Ambassador, Congregational Health Promoter, Health Advocate, etc.)**

Health ministries often are led by faith community members who have a deep spiritual calling to serve others through the promotion of health, healing and wholeness. *A professional health or ministry background is not required*, although some health ministries are led by licensed registered nurses, usually called faith community nurses. Health ministers come from a variety of medical and non-medical backgrounds and occupations.

Health ministers believe in the importance of whole person health in the role of faith communities and other faith-based agencies. Often, they are part of a health and wellness ministry or team. Some may work alone while others may work with faith community nurses to organize, plan, and evaluate health ministry activities.

Email [FHM@nortonhealthcare.org](mailto:FHM@nortonhealthcare.org) or call Norton Faith & Health Ministries at [\(502\) 629-2700](tel:5026292700) to find out how we may be able to assist you and your faith community.