

Norton Hospital Norton Audubon Hospital Norton Women's and Children's Hospital Norton Brownsboro Hospital Norton Children's Hospital

Community Health Needs Assessment 2016



Contents

Executive Summary1
How the Assessment was Conducted
Social Determinants of Health Framework
Limitations and Information Gaps
General Description of Norton Healthcare7
Norton's Community Benefit Initiatives
Communities Served by Norton Healthcare
Community Population and Demographics
Socioeconomic Characteristics of the Community14
Household Income and Poverty
Employment 15
Insurance Coverage
Educational Attainment17
Community Need Index for Jefferson County Zip Codes17
Health Status of the Community
Community Health Status Indicators
Healthy Louisville 2020 Tracker
Leading Causes of Death
Additional Findings Related to Behavioral Conditions
Health Disparities
Primary Data Assessment
Community Health Survey
Health Provider Survey
Community Leader Interviews
Community Health Care Resources
Hospitals and Health Centers
Federally Qualified Health Centers
Health Departments
Other Community Resources
Prioritization of Identified Health Needs 40



Appendices

Appendix A:	Healthy Louisville 2020 Tracker	42
Appendix B:	Key Findings Detail by Identified Need	46
Appendix C:	Detailed Description of Prioritization Process	60
Appendix D:	Key Stakeholder Interview Protocol and Acknowledgements	63



Executive Summary

Norton Healthcare (Norton) is a comprehensive health care system, providing a full range of medical services through its five hospitals, 20 outpatient facilities, 12 Norton Immediate Care Centers and more than 200 physician practice locations. For more than a century, Norton has demonstrated its commitment to the community, providing quality and compassionate care to patients locally, regionally and statewide. Norton has further demonstrated its commitment to quality and transparency, being the first health system in the country to display quality outcomes metrics on the web, enabling patients and providers to compare performance with statewide and national results, as available.

Norton desires to continue providing clinical programs and services to meet community needs, while also pursuing continuous improvement in existing and future programs to improve the overall health of the communities they serve. As such, Norton has conducted a Community Health Needs Assessment (CHNA), using primary and secondary data, to ensure community benefit programs and resources are focused on significant health needs as perceived by the community at large, as well as alignment with Norton's mission, services and strategic priorities.

As discussed in more detail below, for the purposes of this CHNA, Norton has defined its "community" as Jefferson County which accounts for 70.3% of Norton's patients. While Norton serves patients across a broader region, defining Jefferson County as its primary community will allow Norton to more effectively focus its resources to address identified significant health needs, targeting areas of greatest need and health disparities.

Norton collaborated with the Louisville Metro Department of Public Health and Wellness (LMDPHW) and other Louisville area health systems to gather initial primary data. Through this collaboration, an online community health survey and a health provider survey were conducted. Almost 14,000 residents provided input through the on-line community health survey (available in both English and Spanish). Another 215 physicians and other health professionals participated in the provider survey.

In addition, Norton obtained input from 17 community leaders representing public health, major employers, public schools, social services organizations and the Community Benefit Committee of the Norton Board of Trustees through face-to-face meetings.

Secondary data was assessed including:

- Demographics (population, age, sex, race)
- Socioeconomic indicators (household income, poverty, unemployment, educational attainment)
- Health access indicators
- Community health status indicators (causes of death, chronic conditions, health behaviors, etc.)
- Availability of health care facilities and resources

Information gathered in the above steps was reviewed and analyzed to identify health issues in the community.



The process identified the following health issues:

Chronic Conditions	Behavioral Conditions	Socioeconomic Conditions	Community Demographics
 Heart Disease Cancer Diabetes Stroke Respiratory Illnesses 	 Obesity Excessive Alcohol Use Poor Nutrition Smoking/Tobacco Use Physical Inactivity High Blood Pressure Mental Health-Acute Conditions Mental Health-Behavioral 	 Access to Care Lack of Primary Care Providers/Hours Uninsured/Limited Insurance Poverty Levels Lack of Coordinated Care Across the Continuum Poor or Lack of Dental Care Lack of Prenatal Care/ Low Birth Weight Teen Births Sexually Transmitted Infections Crime and Safety 	 Senior Health and Incidence of Chronic Care Needs (Identified as "Aging Population "in Community Health Survey and Interviews) Children's Health Lack of Health Knowledge/Education Single Parent Households Community Support

Key findings for each identified health need were summarized (*see Appendix B*) and health needs were prioritized with input from a broad base of members of Norton's management, members of Norton's Executive Leadership Team and the Community Benefit Committee of the Board of Trustees utilizing a weighting method that weighs 1) the size of the problem, 2) the seriousness of the problem, 3) the impact of the issues on vulnerable populations, 4) how important the issue is to the community. 5) the prevalence of common themes and 6) the ability to reduce overall health care costs for the community. Significant needs were further reviewed and analyzed regarding 1) how closely the need aligns with Norton's mission, current and key service lines, and/or strategic priorities, 2) alignment with state and local health department initiatives and 3) whether or not existing programs exist (within Norton or other community organizations) that are addressing the need (*see Appendix C*).

A review of existing community benefit and outreach programs was also conducted as part of this process and opportunities for increased community collaboration were explored.

Based on the information gathered through this Community Health Needs Assessment and the prioritization process described above, the health needs below have been identified as significant health needs in the community. Opportunities for health improvement exist in each area. Norton Executive Leadership and the Community Benefit Committee of the Board of Trustees will work to identify areas where Norton can most effectively focus its resources to have significant impact and develop an Implementation Strategy for 2017-2019.

Chronic Conditions	Behavioral Conditions	Socioeconomic Conditions	Community Demographics
 Heart Disease Cancer Diabetes Stroke 	 Obesity Smoking / Tobacco Use 	 Access to Care Lack of Primary Care Providers/Hours 	 Senior Health and Incidence of Chronic Care Needs (Identified as "Aging Population "in Community Health Survey and Interviews) Children's Health



The 2016 Norton Healthcare CHNA has five main goals:

- 1. Gain a better understanding of community health care needs
- 2. Serve as a foundation for developing implementation strategies to direct resources where services are most needed and impact is most beneficial.
- 3. Identify collaborative opportunities with community partners
- 4. Align focus areas developed through Norton's implementation strategy with Norton's existing programs and services and overall strategic priorities to provide a more integrated and coordinated approach to community benefit initiatives.
- 5. Lead to actions which will improve the community's health



How the Assessment was Conducted

Norton conducted a community health needs assessment to support its mission responding to the needs in the communities it serves and to comply with the *Patient Protection and Affordable Care Act of 2010* and federal tax-exemption requirements. Identified health needs were prioritized in order to facilitate the effective allocation of hospital resources to respond to the identified health needs. Based on current literature and other guidance from the treasury and the IRS, the following steps were conducted as part of the Norton's CHNA:

- Community benefit initiatives which were implemented over the course of the last three years were evaluated.
- The "community" served by Norton was defined by utilizing inpatient and outpatient data regarding patient origin and is inclusive of medically underserved, low-income, minority populations and people with limited English proficiency. This process is further described in *Communities Served by Norton Healthcare*.
- Population demographics and socioeconomic characteristics of the community were gathered and assessed utilizing various third parties (see sources in *Appendix E*).
- The health status of the community was assessed by reviewing community health status indicators from multiple sources. Health indicators with significant opportunity for improvement were noted. Information on the leading causes of death and morbidity information was analyzed in conjunction with social determinants of health.
- Through a collaborative process conducted by the LMDPHW, community input was obtained through a community wide survey for the general public and a survey conducted with physicians and other health care providers. Findings are described in *Community Health Survey Findings* and the *Health Provider Survey Findings*, respectively.
- Community input was also obtained through key stakeholder interviews of 17 community leaders. See *Appendix D* for a listing of organizations that provided input through face-to-face interviews. To assure the medically underserved were represented in this CHNA, interviews were conducted with representatives from the LMDPHW, Jefferson County Public Schools and health care organizations serving neighborhoods where median household incomes are very low as well as agencies providing services related to mental health, domestic violence and recent immigration to the United States.
- An inventory of health care facilities and other community resources potentially available to address the significant health needs identified through the CHNA was prepared.
- Identified health needs were then prioritized taking into account community perception regarding the significance of each identified need as well as the ability for Norton to impact overall health based on alignment with Norton's mission and services provided. The ranking methodology is further described in *Appendix C*. Norton Healthcare Leadership and the Community Benefit Committee of the Board of Trustees participated in identifying and prioritizing significant health needs.



Social Determinants of Health Framework

Social determinants of health are defined as the personal, social, economic and environmental factors that influence an individual's health status. The framework below describes what drives health and provides a context for how the data for the CHNA was compiled and analyzed, as well as the broader lens used to guide the process. Specifically, Norton's CHNA defines health in the broadest sense and recognizes that numerous factors at multiple levels impact a community's health — from health behaviors (*e.g.*, diet and exercise), to clinical care (*e.g.*, access to medical services), to social and economic factors (*e.g.*, education and employment opportunities), to the physical environment (*e.g.*, housing and air quality).



County Health Rankings model © 2014 UWPHI



Limitations and Information Gaps

As with all data collection efforts, there are several limitations related to the assessment's research methods that should be acknowledged. Years of the most current data available differ by data source. In some instances, 2015 may be the most current year available for data, while 2012 may be the most current year for other sources. Likewise, survey data based on self-reports, such as the Behavioral Risk Factor Surveillance Survey (BRFSS), should be interpreted with particular caution. In some instances, respondents may over or under report behaviors and illnesses based on fear of social stigma or misunderstanding the question being asked.

In addition, respondents may be prone to recall bias – that is, they may attempt to answer accurately, but they remember incorrectly. In some surveys, reporting and recall bias may differ according to a risk factor or health outcome of interest. Despite these limitations, most of the self-report surveys analyzed in this CHNA benefit from large sample sizes and repeated administrations, enabling comparison over time. Similarly, while the qualitative data collected for this study provide valuable insights, results are not statistically representative of a larger population due to nonrandom recruiting techniques and a small sample size. Data were collected at one point in time and among a limited number of individuals. Therefore findings, while directional and descriptive, should not be interpreted as definitive.



General Description of Norton Healthcare

Norton Healthcare is the parent company of an integrated health care delivery system providing a full range of medical services through its hospitals, outpatient facilities, Norton Immediate Care Centers and more than 200 physician practice locations. With a network of five hospitals in Louisville, Norton Healthcare is one of the largest health care systems in the region and is the third largest employer with approximately 13,000 employees and a medical staff in excess of 2,000.

Norton Hospitals, Inc. (a wholly owned subsidiary of Norton Healthcare) owns and operates five hospitals located in Louisville and Jefferson County, Kentucky, with 1,837 licensed beds and 1,434 staffed beds (as of December 31, 2015). Norton Children's Hospital and Norton Hospital operate independently, pursuant to one combined hospital license. This CHNA is prepared from an integrated health care system perspective and each of the four licensed hospital facilities below are collaborating on this CHNA to identify community needs and to allocate resources most effectively.

- Norton Hospital/Norton Children's Hospital 905 licensed beds and 649 staffed beds
- Norton Audubon Hospital 432 licensed beds and 302 staffed beds
- Norton Women's and Children's Hospital 373 licensed beds and 359 staffed beds
- Norton Brownsboro Hospital 127 licensed beds and 124 staffed beds

For more than a century, the residents of Kentucky and Southern Indiana have trusted the Norton name for dedicated and compassionate care. Norton is nationally recognized for its quality transparency and shows its patient satisfaction scores and performance on almost 600 nationally recognized quality indicators and practices. In 2015, Norton Healthcare had 2.6 million visits, 67,500 admissions and 44.3% market share based on Kentucky and Indiana state data.



Norton's Community Benefit

Norton provides a broad array of services which provide benefit to the community. Below is a summary of some of our significant community benefit initiatives.

- Norton Prevention and Wellness Norton Prevention and Wellness provides cancer screenings, wellness exams and outreach programs to the community. Norton also provides educational classes on a broad array of health and wellness topics. Activities from 2015 include:
 - Cancer screenings and wellness exam events increased from 232 in 2014 to 294 in 2015
 - Outreach programs were developed within the Hispanic and African American community to promote screening and early diagnosis.
 - Over 6,500 persons participated in educational classes for Prevention and Wellness in 2015.

The Norton Prevention and Wellness Mobile Prevention Center (MPC) provides community residents with convenient access to preventive health screenings and education. The MPC travels throughout Metro Louisville and surrounding counties in Kentucky, and to Southern Indiana offering on-the-road testing, evaluation and cancer screening and education. The MPC is staffed with highly trained certified Mammography Technicians, nurse practitioners and support staff, and offers breast, cervical, prostate and colorectal cancer screening, digital mammograms and individual comprehensive cancer risk assessments.

- Community Cancer Initiatives Since 2013, an increased focus has been on increasing the number of cancer screenings. We have continued to expand our breast screening/mammography program with more than 60,000 screenings in the last three years. During 2015, 25% of all mammogram screenings were performed in West Louisville high risk zip codes. In addition, the two screening programs below were initiated since 2013.
 - Lung CT screening program initiated in 2013 performed 39, 76 and 107 screenings in 2013, 2014 and 2015, respectively.
 - A new colon cancer screening program was initiated in collaboration with Norton Medical Group Primary Care Practices screening volumes were 5,646 in 2013, 7,277 in 2014 and 8,673 in 2015

The Norton Cancer Institute Mobile Prevention Center provides community residents with convenient access to Norton Cancer Institute's preventive health screenings and education. The first of its kind in the region, the Mobile Prevention Center travels throughout Metro Louisville offering on-the-road testing, evaluation and cancer prevention education. The Mobile Prevention Center is staffed with highly trained, certified mammography technicians, nurse practitioners and medical assistants or physicians, and offers breast, cervical, prostate and colorectal cancer screenings, digital mammograms, individual comprehensive cancer risk assessments and risk.

Kentucky Poison Control Center – The Kentucky Regional Poison Control Center is staffed by nurses, pharmacists and physicians specially trained in clinical toxicology. Our physicians are board certified in medical toxicology and our nurses are nationally certified specialists in poison information. We are always open – 24 hours a day, 365 days a year. Calls to the poison control center are free and confidential.



- Child Guidance and Advocacy Programs Norton's Office of Child Advocacy takes pride in being the voice for all children. Through prevention, intervention and education, Norton seeks to have a positive impact on child safety, influence policies that affect children and their families, and provide health education to enhance our communities, families and the lives of all children. A variety of programs are offered focusing on safety and promoting health.
- Community Partnerships Norton participates in many community collaborations including the YMCA (diabetes prevention), county schools (tobacco free living, promotion of healthy nutrition) and Louisville Urban League (Get Fit Louisville project). As a partner in the Kentucky Perinatal Infant Health Network, Norton collaborates with local agencies as well as the Kentucky Cabinet of Health and Human Services to reduce health disparities and improve outcomes for Kentucky infants. Partnerships are also in place with several federally qualified health centers (Family Health Centers and Park Duvalle) and Louisville Metro Department of Public Health, and other health clinics in underserved sectors of Jefferson County to promote health and wellness. Since 2013, Norton has added the following partnerships and collaborative programs.
 - During 2016, Norton expanded partnerships with federally qualified health centers through partnering with Shawnee Christian Healthcare Center. Norton has also established satellite OB providers in Park DuValle and Shawnee Christian Clinics.
 - Norton played an active and supportive role in the Bounce Coalition, which is a collaboration with more than 20 local agencies to develop and implement a trauma resiliency program for elementary school children in impoverished communities, with supporting services from Jefferson County Public Schools and Seven Counties.
- Church and Health Ministries Norton's church and health ministries works to nurture relationships with faith communities and advance congregational health ministries, faith community nursing and other health-related programs. During 2015 over 50,000 persons were served through screenings, health fairs, speakers and distribution of educational materials.



Communities Served by Norton Healthcare

Norton's primary service area (PSA) includes 16 counties in Kentucky and southern Indiana, as illustrated below, with a combined population of approximately 1.4 million. Norton's patients collectively come from a large geographic area which includes the entire state of Kentucky as well counties located in southeast Indiana. As an integrated health care system, the organization continuously monitors health care activities in the primary and secondary services areas.





Table 1 Norton Healthcare

Patient Origin - Inpatient Discharges and Outpatient Cases 1/1/2015 to 12/31/2015

Facility	Total	Jefferson County, KY	% Jefferson County, KY
Norton Hospital	115,693	79,226	68.5%
Norton Audubon Hospital	143,441	107,715	75.1%
Norton Brownsboro Hospital	87,463	55,533	63.5%
Norton Women's & Children's Hospital	131,128	101,578	77.5%
Norton Children's Hospital	106,132	66,365	62.5%
Total	583,857	410,417	70.3%

Source: Norton Healthcare

Jefferson County, Kentucky comprises approximately 67% of the inpatient discharges population. However, on a combined basis of inpatient discharges and outpatient cases, Jefferson County residents account for over 70% of Norton's patients. Therefore, for purpose of this CHNA, the Norton community is defined as Jefferson County, Kentucky as the hospital primarily serves residents of this geographic region.

Norton further delineates patients served by sector within Jefferson County, as shown below. While there are some dominate areas within Jefferson County that each facility serves, each facility is providing community health services to all zip codes within Jefferson County. Information will be presented and assessed by sector when available. Focusing on Jefferson County will allow Norton to respond to the needs represented by the majority of the patients they serve. Evaluating specific locations within Jefferson County will highlight areas of greatest need and will allow Norton to best commit resources to those who are poor and underserved.





Community Population and Demographics

The U.S. Bureau of Census has compiled population and demographic data. *Table 2* below shows the total population of the community. The Outer East, South and Southwest segments of Jefferson County are expected to grow 4.5%, 3.7%, and 2.1%, respectively, by 2021 while the other segments are projecting growth less than 1%. Children and adolescents are expected to remain stable over the next five years, while the 65+ population segment is expected to grow at the greatest rate. Overall, the segmented population for Jefferson County is expected to increase 22,028 with the most impacted segments being the Outer East and the South.

Table 2

			Та	ble 2							
	Norton Healthcare										
	Jefferson County Population 2016 Population										
Sector	0-17	18-34	35-54	55-64	65+	Total	Male	Female			
Central	12,884	19,894	17,038	8,371	8,026	66,213	34,106	32,107			
Inner East	13,224	16,621	18,489	10,732	13,730	72,796	34,764	38,032			
Outer East	50,783	44,938	60,035	31,778	38,364	225,898	108,343	117,555			
South	46,216	43,481	52,284	23,909	27,021	192,911	93,648	99,263			
Southwest	42,023	39,819	45,811	23,366	25,127	176,146	85,027	91,119			
West	14,601	12,828	12,853	7,291	7,248	54,821	25,328	29,493			
-	179,731	177,581	206,510	105,447	119,516	788,785	381,216	407,569			
	22.8%	22.5%	26.2%	13.4%	15.2%						
		2021 Po	pulation								
Sector	0-17	18-34	35-54	55-64	65+	Total	Male	Female			
Central	13,134	17,568	18,287	8,035	9,813	66,837	34,571	32,266			
Inner East	13,565	14,933	18,950	9,962	15,726	73,136	35,046	38,090			
Outer East	51,935	46,943	58,451	32,908	45,845	236,082	113,358	122,724			
South	47,524	41,681	53,688	24,942	32,215	200,050	97,250	102,800			
Southwest	42,593	38,217	46,003	23,468	29,515	179,796	86,964	92,832			
West	14,438	13,036	12,132	6,900	8,406	54,912	25,518	29,394			
<u> </u>	183,189	172,378	207,511	106,215	141,520	810,813	392,707	418,106			
-	22.6%	21.3%	25.6%	13.1%	17.5%						
		Cha	nge								
Sector	0-17	18-34	35-54	55-64	65+	Total	Male	Female			
Central	250	(2,326)	1,249	(336)	1,787	624	465	159			
Inner East	341	(1,688)	461	(770)	1,996	340	282	58			

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Inner East	341	(1,688)	461	(770)	1,996	340	282	58	
Outer East	1,152	2,005	(1,584)	1,130	7,481	10,184	5,015	5,169	
South	1,308	(1,800)	1,404	1,033	5,194	7,139	3,602	3,537	
Southwest	570	(1,602)	192	102	4,388	3,650	1,937	1,713	
West	(163)	208	(721)	(391)	1,158	91	190	(99)	
	3,458	(5,203)	1,001	768	22,004	22,028	11,491	10,537	
	1.9%	-2.9%	0.5%	0.7%	18.4%	2.8%			

Source: Truven Health Analytics



While the relative age of our population can impact community health needs, so can the ethnicity and race of a population. The following table shows the population by ethnicity and race illustrating the Hispanic versus non-Hispanic residents. The black non-Hispanic population makes up 21% of the population, with Asian non-Hispanic accounting for 3%, Hispanic 5% and all others at 3%.

Table 3 Norton Healthcare Jefferson County - Population by Ethnicity & Race

	2016	White Nor	-Hispanic	Black Non	-Hispanic	Asian Non	Hispanic	Hispa	anic	All Ot	hers
Sector	Population	Population	% Across	Population	% Across	Population	% Across	Population	% Across	Population	% Across
Central	66,213	39,508	59.7%	21,896	33.1%	1,158	1.8%	1,635	2.5%	2,016	3.0%
Inner East	72,796	64,577	88.7%	3,426	4.7%	1,409	1.9%	1,982	2.7%	1,402	1.9%
Outer East	225,898	181,005	80.1%	20,969	9.3%	9,763	4.3%	9,205	4.1%	4,956	2.2%
South	192,911	133,301	69.1%	35,114	18.2%	3,222	1.7%	15,887	8.2%	5,387	2.8%
Southwest	176,146	119,836	68.0%	37,236	21.1%	4,124	2.3%	9,899	5.6%	5,051	2.9%
West	54,821	8,731	15.9%	43,744	79.8%	76	0.1%	652	1.2%	1,618	3.0%
	788,785	546,958	69.3%	162,385	20.6%	19,752	2.5%	39,260	5.0%	20,430	2.6%

Source: Truven Health Analytics





Socioeconomic Characteristics of the Community

The socioeconomic characteristics of a geographic area influence the way residents access health care services and perceive the need for health care services within society. The economic status of an area may be assessed by examining multiple variables within the community. Those variables also have an impact on community health, including household income and poverty, employment, uninsured population and educational attainment for the community. These standard measures will be used to compare the socioeconomic status of the community to the state of Kentucky and the United States. Health access indicators by zip code were also reviewed.

Household Income and Poverty

Table 4 presents household income statistics for the CHNA community. Per capita income for the CHNA community exceeds Kentucky rates. However, there are large disparities in income among the segments of Jefferson County. The Central and West sectors of Jefferson County have the lowest household income with approximately one-third of these households living in poverty. Average household income for Jefferson County in total is approximately \$53,000, with the more affluent sectors being the Inner and Outer East sectors.

Table 4

Norton Healthcare											
Jefferson County Population											
2016 Median											
	2016 Total	N	Median		Age of		Median				
	Households	Нс	ousehold	% Below	Total		Home				
Sector	Count		ncome	Poverty	Population		Value				
Central	31,193	\$	31,582	38.7%	35.5	\$	115,985				
Inner East	34,643		65,033	0.0%	41.8		248,083				
Outer East	91,921		75,301	0.0%	41.4		241,460				
South	77,360		49,531	0.0%	37.5		140,940				
Southwest	71,046		42,981	0.0%	37.8		117,178				
West	21,873		25,601	27.2%	35.0		68,625				
	328,036	\$	53,668		39.0	\$	179,075				

Source: Truven Health Analytics

Table 5 presents the percentage of total population below 100% Federal Poverty Level (FPL). Poverty is a key driver of health status and is relevant because poverty creates barriers to access, including health services, healthy food choices and other factors that contribute to poor health. There are certain segments of the communities served by Norton which have extreme poverty. The Central and West segments of Jefferson County have poverty rates twice that of the Kentucky and national rates.



Table 5 Norton Healthcare Jefferson County - Population Below 100% of Federal Poverty Level												
	Total Population	Population in Poverty	Percent Population in Poverty									
Jefferson County, KY	736,068	123,145	16.73%									
Central	61,181	21,496	35.14%									
Inner East	71,162	7,361	10.34%									
Outer East	213,884	15,036	7.03%									
South	181,874	28,106	15.45%									
Southwest	173,275	31,461	18.16%									
West	55,802	21,315	38.20%									
Kentucky	4,248,223	803,866	18.92%									
United States	306,226,400	47,755,608	15.59%									

Data Source: U.S. Census Bureau, American Community Survey. 2010-14. Source geography: Tract

Employment

Retail, health care and professional services make up a significant portion of the 19,628 business establishments in Jefferson County.

According to the December 2013 Business First Major Employer Ranking, the top three companies based on number of local employees were:

- 1. **United Parcel Service Inc**. employs 20,047 local employees and is a company that specializes in logistics and distribution, financial services, air, ocean rail and road freight chain services, and international trade management
- 2. **Humana Inc.** employs 11,235 local employees and provides insurance products and health and wellness services
- 3. Norton Healthcare, Inc. employs 9,666 local employees and is a health care provider, including hospitals, diagnostic centers, immediate care centers and physician offices

The unemployment rate was relatively stable until 2009 when the community sustained tremendous unemployment; however, it has since improved. Historically, both Jefferson County and Kentucky have had higher rates of unemployment than the national average. However, in 2014 and 2015 unemployment rates for Jefferson County were favorable state and national rates.



Table 6 Norton Healthcare Unemployment Rates (Annual Averages)

	2007	2008	2009	2010	2011	2012	2013	2014	2015
Louisville/Jefferson County	5.1%	6.1%	9.9%	9.9%	9.2%	7.8%	7.4%	5.9%	4.6%
Kentucky	5.4%	6.3%			9.5%	8.0%	8.1%	6.5%	5.4%
United States	4.6%	5.8%	9.3%	9.6%	8.9%	8.1%	7.4%	6.2%	5.3%

Source: U.S. Department of Labor, Bureau of Labor Statistics: Percentage of the civilian labor force that is unemployed (U-3) definition.

Insurance Coverage

Table 7 reports the percentage of the total civilian noninstitutionalized population without health insurance coverage and the percentage of the population with insurance enrolled in Medicaid (or other meanstested public health insurance). The uninsured population is relevant because lack of insurance is a primary barrier to health care access, including regular primary care, specialty care and other health services that contribute to poor health status.

The Medicaid indicator is relevant because it assesses vulnerable populations, which are more likely to have multiple health access, health status and social support needs; when combined with poverty data, providers can use this measure to identify gaps in eligibility and enrollment. *Table 7* shows over 90,000 persons are uninsured in the CHNA community based on the most recent 5-year estimates produced by the U.S. Census Bureau, 2010-2014 American Community Survey. However, the 2015 uninsured rate for Jefferson County reported at www.enrollamerica.com is estimated to be 9% which indicates the uninsured population has further decreased by over 20,000 persons in Jefferson County; primarily the result of the Affordable Care Act.

	Norton Healthcare												
	Jefferson County- Insurance Coverage												
Percent of													
	Total Population				Insured								
	(For Whom	Total	Percent	Population	Population								
	Insurance Status	Uninsured	Uninsured	Receiving	Receiving								
	is Determined)	Population	Population	Medicaid	Medicaid								
Jefferson County, KY	742,865	90,425	12.17%	126,694	19.42%								
Kentucky	4,296,790	566,083	13.17%	835,385	22.39%								
United States	309,082,272	43,878,140	14.20%	55,035,660	20.75%								

Table 7

Data Source: U.S. Census Bureau, American Community Survey. 2009-14. Source geography: Tract



Educational Attainment

Linkages exist between education, economy and quality of life. The table below represents the level of education for each segment in the CHNA community. Education often plays a key role in career success and economic self-sufficiency. Yet nearly 40% of the adults in the CHNA community do not have a college education or, from a professional perspective, only 29% successfully attained post-secondary degrees at a bachelor level or higher. Clearly, this impacts the household income levels of the community and the insured population and levels of coverage. Almost 12% of Jefferson County residents do not have a high school degree and of the remaining 88% of the population, are evenly distributed amongst high school graduates, some college education and a post-secondary degree. Further, eastern sectors capture the more highly educated populations with the South, Southwest and West sectors dominated by a high school education or less. More than 12.9% have less than a high school degree which correlates to 25% of the household income less than \$25,000.

Norton Healthcare						
Jefferson County - 2016 Adult Education Level						
	For Population Age 25+					
	Inner East	Outer East	South	Southwest	West	Central
Less than High School	1.4%	1.7%	4.1%	5.1%	4.7%	4.7%
Some High School	2.6%	3.0%	8.5%	11.4%	17.7%	11.5%
High School Degree	13.6%	17.9%	32.2%	38.4%	34.3%	26.2%
Some College/Assoc. Degree	24.9%	28.5%	32.4%	32.4%	34.4%	28.7%
Bachelor's Degree or Greater	57.5%	49.0%	22.8%	12.7%	9.0%	28.9%
Total	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%

Table 8 Norton Healthcare efferson County - 2016 Adult Education Leve

Source: Truven Market Expert

Community Need Index for Jefferson County Zip Codes

Dignity Health and Truven Health jointly developed a Community Need Index (CNI) in 2014 to assist in the process of gathering vital socio-economic factors in the community. The CNI is strongly linked to variations in community health care needs and is a strong indicator of a community's demand for various health care services. The CNI score is an average of five different barrier scores that measure socioeconomic indicators of each community (income, cultural, education, insurance and housing). Based on a wide array of demographic and economic statistics, the CNI provides a score for every populated zip code in the United States on a scale of 1.0 to 5.0. A score of 1.0 indicates a zip code with the least need, while a score of 5.0 represents a zip code with the most need.

Table 9 summarizes the CNI for zip codes within Jefferson County, Kentucky. Within Jefferson County, CNI scores indicate needs are greatest in 11 zip codes (40203, 40210, 40212, 40211, 40215, 40202, 40208, 40209, 40292, 40216 and 40219).



Table 9					
Norton Healthcare Community Need Index by Zip Code					
Zip Code	Community CNI Score	Population	City	County	State
40203	4.8	-	Louisville	Jefferson	Kentucky
40210	4.8		Louisville	Jefferson	Kentucky
40212	4.8		Louisville	Jefferson	Kentucky
40211	4.6	,	Louisville	Jefferson	Kentucky
40215	4.6		Louisville	Jefferson	Kentucky
40202	4.4	5,736	Louisville	Jefferson	Kentucky
40208	4.4	12,771	Louisville	Jefferson	Kentucky
40209	4.4	441	Louisville	Jefferson	Kentucky
40292	4.2	516	Louisville	Jefferson	Kentucky
40216	4	42,177	Louisville	Jefferson	Kentucky
40219	4	37,821	Louisville	Jefferson	Kentucky
40213	3.8	17,066	Louisville	Jefferson	Kentucky
40214	3.8	48,102	Louisville	Jefferson	Kentucky
40218	3.8	31,344	Louisville	Jefferson	Kentucky
40118	3.4	10,048	Fairdale	Jefferson	Kentucky
40217	3.2	12,648	Louisville	Jefferson	Kentucky
40041	3	296	Masonic Home	Jefferson	Kentucky
40272	3	,	Louisville	Jefferson	Kentucky
40204	2.8		Louisville	Jefferson	Kentucky
40206	2.8	19,399	Louisville	Jefferson	Kentucky
40258	2.8	,	Louisville	Jefferson	Kentucky
40220	2.6		Louisville	Jefferson	Kentucky
40229	2.6		Louisville	Jefferson	Kentucky
40222	2.4	,	Louisville	Jefferson	Kentucky
40241	2.4		Louisville	Jefferson	Kentucky
40207	2.2	,	Louisville	Jefferson	Kentucky
40223	2.2	,	Louisville	Jefferson	Kentucky
40228	2.2		Louisville	Jefferson	Kentucky
40291	2.2	,	Louisville	Jefferson	Kentucky
40205	2	,	Louisville	Jefferson	Kentucky
40242	2		Louisville	Jefferson	Kentucky
40243	2		Louisville	Jefferson	Kentucky
40299	1.8		Louisville	Jefferson	Kentucky
40059	1.6		Prospect	Jefferson	Kentucky
40245	1.6		Louisville	Jefferson	Kentucky
40025	1.4	146	Glenview	Jefferson	Kentucky

Source: Truven Health Analytics & Dignity Health



Health Status of the Community

Community Health Status Indicators

The Community Health Status Indicators (CHSI) Project of the U.S. Department of Health and Human Services compares many health status and access indicators to both the median rates in the United States and to rates in "peer counties" across the United States. Counties are considered "peers" if they share common characteristics such as population size, poverty rate, average age, and population density.

Jefferson County has been compared to various "peer" counties within multiple states, including Marion County in Indiana, Hamilton and Franklin Counties in Ohio and Davidson County in Tennessee. *Table 10* provides a summary comparison of how Jefferson County compares with peer counties on the full set of primary indicators. Peer county values for each indicator were ranked and then divided into quartiles.

501	terson County, Kentucky-C	· · · · · ·	
	Most Favorable Quartile	Middle Two Quartiles	Least Favorable Quartile
Mortality		 Coronary heart disease deaths Motor vehicle deaths Stroke deaths Unintentional injury (including motor vehicle) 	 Alzheimer's disease deaths Cancer deaths Chronic kidney disease deaths Chronic lower respiratory disease deaths Diabetes deaths Female life expectancy Male life expectancy
Morbidity		 Adult Diabetes Alzheimer's diseases/dementia HIV Older adult asthma Older adult depression Syphilis 	 Adult obesity Adult overall health status Cancer Gonorrhea Preterm births
Health Care Access and Quality		•Cost barrier to care •Primary care provider access •Uninsured	 Older adult preventable hospitalizations
Health Behaviors		 Adult binge drinking Adult female routine pap test Adult physical inactivity 	Adult smokingTeen births
Social Factors	 High housing costs 	 Inadequate social support No high school diploma Poverty Violent crime 	 Children in single-parent households Unemployment
Physical Environment	 Housing stress 	 Access to parks Air pollution Limited access to healthy food 	 Living near highways

 Table 10

 Norton Healthcare

 Jefferson County, Kentucky-Community Health Status Indicators

Source: Centers for Disease Control and Prevention



Healthy Louisville 2020 Tracker

In October 2014, Mayor Greg Fischer and former Public Health Director, Dr. LaQuandra Nesbitt, unveiled HealthyLouisvilleMetro.org, an on-line tool to track community goals for improving Louisville's health. The city published *Healthy Louisville 2020* in February 2014, a comprehensive strategic plan to significantly improve the city's health. The 59-page document contains data on key health indicators such as local rates of cancer mortality, chronic disease, tobacco use, low birth weight babies and obesity. It lays out specific goals to improve health in Louisville by the year 2020. The report is available at:

https://louisvilleky.gov/sites/default/files/health_and_wellness/hl2020_report_final_web_091714.pdf.

HealthyLouisvilleMetro.org tracks progress toward achieving those goals. The website brings data, local resources and a wealth of other information to one, accessible, user-friendly location. It also posts best practices, news articles and information about community events. It gives Louisville residents and policy-makers up-to-date information to track progress toward building a healthier Louisville by tracking indicators in 12 focus areas. A summary of the Healthy Louisville 2020 Tracker indicators is included in *Appendix A*. The indicators reported in the table below are indicators which are *not* meeting the established target. In instances where the current measurement reported is less favorable from the previous measurement, the current measurement has been recorded in red.

Focus Area		Measurement	Current	Target
Access to Care	Residents Who Have a Primary Care Provider	Percent	91.7	99
Access to Care	Residents Without Insurance	Percent	8.3	0
	Age-Adjusted Death Rate due to Breast Cancer	Deaths/100,000 females	27.5	20.3
Cancer Prevention	Age-Adjusted Death Rate due to Cancer	Deaths/100,000 population	192.5	171.7
and Screening	Age-Adjusted Death Rate due to Prostate Cancer	Deaths/100,000 population	20.3	17.5
	Mammogram History	Percent	75.7	87.5
Chronic Disease Prevention and Screening	Adults with Hypertension	Percent	35.3	35.1
	Age-Adjusted Death Rate due to Cerebrovascular Disease	Deaths/100,000 population	37.2	35.4
	Babies with Low Birth Weight	Percent	9.3	8.5
Healthy Mothers and Healthy Babies	Children Attending Daycare Immunizations	Percentage	94.7	100
	Mothers who Received Early Prenatal Care	Percent	73.0	88
	Preterm Births	Percent	10.6	7.8
	Racial Disparity in Infant Mortality Rate	Per 100,000 live births	9.7	5.7

Table 11
Norton Healthcare
Healthy Louisville Tracker-Summary of Indicators Which Are Not Meeting Established Targets



Llealthu		T T		
Healthy Neighborhoods and Health Homes	Childhood Lead Poisoning	Number of children	87	70
HIV Prevention and Screening	HIV People Who Know Their Status	Percent	70.1	90
	Fatal Injuries	Per 100,000 Population	50.3	46.2
Injury and Violence	Homicide Rates	Per 100,000 Population	8.4	6.3
Prevention	JCPS Schools with a Serious Violent Incidence	Percent	60.2	60
	Non-fatal Gun-shot Rate	Per 100,000 Population	28.6	21.1
	Age-Adjusted Death Rate due to Suicide	Deaths/100,000 population	15.3	12.6
Mental and Behavioral Health	Depression Hospitalization for Preteens/Teens	Per 100,000 Population	255.7	210
	Depression for Suicide Attempts in Preteens/Teens	Per 100,000 Population	124.7	75.2
	Adult Fruit and Vegetable Consumption	Percent	26	28.6
Obesity Prevention	Adults who are Obese	Percent	29.2	26.4
	Adults who Participate in Physical Activity	Percent	50.8	57.4
	Kindergartners Who are Obese	Percent	18.2	16.1
	Adults Who Used Oral Health Care System	Percent	64.9	76
Oral Health	Children Enrolled in Medicaid Dental Services	Percent	40	100
	Adults at or Below Poverty Level	Percent	15.9	15.5
Social Determinants of Health	Food Deserts in Louisville Metro	Percent	8.3	7.5
	Homeless People	People	10,187	8,150
	SNAP Eligible but Not Enrolled	Percent	9.1	7.7
Substance Abuse	Adults who Binge Drink	Percent	17.4	14.1
	Death Rate Caused by Overdose	Deaths/100,000 population	23.8	14.4
	Students Engaging in Binge Drinking	Percent	11	10

Source: HealthyLouisvilleMetro.org (Reported as of 3/14/16)



Leading Causes of Death

Table 11 below shows leading causes of death within Jefferson County as compared to Kentucky and the United States. The age-adjusted rate is shown per 100,000 residents. As the table indicates, none of the leading causes of death are greater than the Kentucky rates, however all leading causes of death are greater than the United States rates. According to America's Health Rankings 2015, a study released by the United Health Foundation, Kentucky ranks 50^{th} in the nation for cancer deaths and 43^{rd} in the nation for cardiovascular deaths.

Norton Healthcare				
Selected Causes of Resident Deaths: Age Adjusted Rate				
	Jefferson			
	County	Kentucky	United States	
Cancer	191.7	202.9	168.9	
Heart disease	177.4	209.1	175.0	
Lung disease	52.0	63.1	42.2	
Stroke	38.0	44.2	37.9	
Unintentional injury	45.0	58.6	38.6	
Motor vehicle	10.9	16.9	10.8	
Suicide	14.4	14.9	12.3	

Table 12

Source: Centers for Disease Control and Prevention -National Vital Statistics System 2009-2013

Additional Findings Related to Behavioral Conditions

As indicated in Tables 10, 11 and 12, Jefferson County has numerous challenges which are primarily related lifestyle choices and individual behaviors. These lifestyle choices and behaviors are prevalent throughout the state of Kentucky and Kentucky's health rankings (as reported by America's Health Rankings) are some of the poorest in the nation. Among the 50 states, with one being the best score and 50 the worst, Kentucky ranks as follows:

Obesity39Physical Inactivity44Poor Mental Health Days47Poor Physical Health Days49Drug Deaths44		<u>2015</u>
Physical Inactivity44Poor Mental Health Days47Poor Physical Health Days49Drug Deaths44	Smoking	49
Poor Mental Health Days4'Poor Physical Health Days49Drug Deaths48	Obesity	39
Poor Physical Health Days49Drug Deaths43	Physical Inactivity	45
Drug Deaths 48	Poor Mental Health Days	47
	Poor Physical Health Days	49
Diabetes 4:	Drug Deaths	48
	Diabetes	45



Smoking: The percentage of smokers in Kentucky (26%) is historically one of the highest in the nation and Jefferson County's current percentage of smokers is only slightly better (25%). Tobacco use brings premature death to almost half a million Americans each year, about one in five deaths, and it contributes to profound disability and pain in many others.

Obesity: Kentucky's adult obesity rate is currently at 31.6%, up from 21.7% in 2000 and from 12.7% in 1990. Almost 30% of Jefferson County adults are obese. This rate has decreased significantly over the prior year, according to the Healthy Louisville 2020 Tracker. However, the obesity rate for the Jefferson County compares negatively with peer cities and national averages. There is a strong correlation between obesity and poor health outcomes, with obesity as one of the top underlying causes of death in the U.S. due to its contribution to chronic diseases. Obesity increases the risk of many chronic conditions including heart disease, Type 2 diabetes, cancer, hypertension, stroke, liver and gallbladder disease, respiratory problems and osteoarthritis. Losing weight and maintaining a healthy weight help to prevent and control these diseases.

The rate of obesity has increased among children as well per the *Healthy Louisville 2020 – Creating a Healthier City* report. According to the report, nearly 18% of kindergartners and 24.2% of sixth graders attending Jefferson County Public Schools were reported as obese in 2012, compared to 17.4% of the nation's children age 6-11 years.

Physical Inactivity: Since 2009, the percent of adults physically inactive in Jefferson County has decreased by almost 3%. Although, Jefferson County's rate is favorable to the state of Kentucky, it compares negatively to national rates and ranks 45 out of 50 among the states according to America's Health Rankings.





Mental Health: Per America's Health Rankings, Kentucky ranks 47th in "poor mental health days," which means days when people report limiting normal activity due to mental health difficulties. For many, stress is a way of life and long term stress can negatively affect your overall wellness. Short-lived or infrequent episodes of stress pose little risk. However when stressful situations go unresolved, the body is kept in a constant state of activation, which increases the rate of wear and tear to biological systems. Ultimately, fatigue or damage results, and the ability of the body to repair and defend itself can become seriously compromised. As a result, the risk of injury or disease escalates. Furthermore, stress is found to play a role in marital dissatisfaction, social isolation, domestic violence and child abuse.

Substance Abuse: As a result of the increase in prescription drug abuse, deaths from the overdose of pharmaceutical drugs have increased. According to the American's Health Rankings by the United Health Foundation, in the past two years drug deaths in Kentucky increased by 30% from 18.4 to 24.0 deaths per 100,000 populations.

Addicted babies are the tiniest victims of Kentucky's prescription pill epidemic and the use and abuse of illegal drugs; and their numbers are soaring. USA Today published an article in July 8, 2015, titled "Born into suffering": More babies arrive dependent on drugs, admissions for dug-dependent infants has soared from 955 in 2013 to 1,409 in 2014- a startling 50-fold increase since 2000, where were only 28. The skyrocketing numbers reflect the enormity of Kentucky's prescription drug abuse problem, which is among the nation's worst.

Excessive alcohol use: The rate of adults who drink excessively or binge drink is currently 17.4%. This indicator is relevant because current behaviors are determinants of future health and this indicator may illustrate a cause of significant health issues, such as cirrhosis, cancers, and untreated mental and behavioral health needs.

High Blood Pressure: High Blood pressure or hypertension is a common risk factor for both heart disease and stroke and is prevalent in the United States. This condition is preventable through lifestyle changes, such as quitting tobacco use, limiting alcohol use, eating a healthy diet, avoiding sodium or table salt, maintaining a healthy weight, and being physically active. The current percentage of adults with hypertension is 35.3% according to the Healthy Louisville 2020 Tracker.

Poor Nutrition: The percentage of adults with inadequate fruit and vegetable consumption is currently 74%. Unhealthy eating habits may cause significant health issues such as obesity and diabetes. Kentucky's diabetic population has continued to increase from less than 4% in 1996 to more than 12.5% in 2015. According to the State of Obesity, there were 394,029 diabetes cases in 2010 in the State of Kentucky. At the current pace, the number of diabetes cases is projected to grow to 594,058 by 2030. Adults in Jefferson County have diabetes; and within the next five years it is expected to increase 2%.



Health Disparities

Health behaviors are often related to the environments in which people are raised and many studies have shown the connection between an individual's social and physical environment (social determinants) and his/her health. According to the Louisville Metro Health Equity Report issued in July of 2014, our surrounding environment shapes our thoughts, behaviors and subsequently our health. The various environments in which we are raised and live can determine our access to healthy foods and activity, quality of education, exposure to crime, safety, transportation challenges and several other factors.

Health starts in our homes, schools, workplaces, neighborhoods, and communities. Conditions (e.g., social, economic, and physical) in these various environments and settings (e.g., school, church, workplace, and neighborhood) have been referred to as "place." Resources that enhance quality of life can have a significant influence on population health outcomes. Examples of these resources include safe and affordable housing, access to education, public safety, availability of healthy foods, local emergency/health services, and environments free of life-threatening toxins.

As referenced above, LMDPHW – Center for Health Equity issued an updated Louisville Metro Health Equity Report in July of 2014. This was a follow-up to its 2012 inaugural report. The report shows a clear correlation between health status and socioeconomic factors, *i.e.* those neighborhoods with lower incomes have higher rates of chronic diseases, substance abuse and death rates. The demographic makeup of the lower-income neighborhoods often result in poorer health outcomes for African Americans and Hispanics.

According to the Louisville Metro Health Equity Report:

- An individual living in poverty is greatly limited in terms of access to affordable healthy food, safe environments, health care, education and many other factors. Adults living in poverty are more than five times as likely to report that they are in poor or fair health.
- A national survey also demonstrated that poverty is a stronger determinant of obesity than access to healthy food alone. Reducing poverty could alleviate many of the associated chronic diseases and burdens experienced by these vulnerable members of our community.
- In Louisville, 24% of children live in poverty. Nearly one in every four children is growing up without enough basic resources, limiting his or her future development and potential. These numbers are approximately five percentage points higher than the national average (20%).
- Even with national and international public health attention, health inequities are increasing.



Primary Data Assessment

Community Input – Community Health Survey

As previously stated, to obtain feedback from the general public, surveys were conducted by the LMDPHW in collaboration with a consortium of area hospitals. Almost 14,000 residents provided input through an online community health survey which was available in both English and Spanish.

Respondent Demographics

The majority of respondents were White/Caucasian (86%), 10% of the respondents identified as Black or African American and the remaining 4% identified with other racial or ethnic identities. Among the respondents, 2% identified as Hispanic or Latino.

Respondents by age group were as follows:

Age Group	Percent of Total Respondents
18-34	18%
35-44	15%
45-64	43%
65+	24%

Females represented 72% of the respondents while males represented 28%.

Given the reported demographics above, care should be taken with interpreting the survey results. The ethnicities, ages and gender of survey respondents do not match Jefferson County's demographics. Specifically, the survey reached more whites, a higher share of older adults and more females compared to demographic information reported earlier in this report.

<u>Findings</u>

The survey included an assessment of community perceptions of major barriers to health care. The overwhelming majority of respondents strongly agreed or agreed that cost/expense (36%), inconvenient office hours (28%) and insurance issues (20%) are big barriers to health care. Other barriers include transportation and lack of knowing where to go for care.





Interestingly, while the vast majority depend on thir doctor for health information, twenty percent (20%) indicated they rely on the internet for such need.

The survey solicited input from participants regarding health problems of the community. Aging population, alcohol/drugs, obesity and cancers were identified as the biggest health problems in the community.





More than half of the survey respondents did not feel health organizations in Louisville were adequately addressing neighborhood health needs. When asked how to best meet their needs, the majority of respondents considered lowering the cost of health care and prescription drugs and providing more health screenings as the best ways to address these health needs. Additionally, while almost a third didn't have an alternative recommendation, some respondents recommended more exercise opportunities and increased access to fresh fruits and vegetables as ways to address health needs in the community.





Additional survey results:

- The majority (93%) said they had seen a primary care provider in the last 12 months and 73 percent said they had been checked by a dentist in the past year
- > Nearly 99% of the respondents indicated they had health insurance.
- > Over 86% of the participants indicated they get annual checkups.
- When asked where you go most often when you have a health problem, participants indicated the following:
 - My doctor or health care professional (75.29%)
 - Urgent care/immediate care (10.36%)
 - Specialist (2.45%)
 - Chiropractor (2.33%)
 - Health Clinic (1.53%)



Community Input – Health Provider Survey

The second survey administered by LMDPHW was a health provider survey. There were 215 health providers who participated in the survey.

Provider Demographics

Providers surveyed were split evenly between those in clinical vs. non-clinical positions. A variety of types of organizations were represented including nonprofit community-based organizations, educational organizations, private practices, health centers, faith-based and government. Providers surveyed served a diverse patient population with a balanced insurance base. Their opinions and perceptions are summarized below.

<u>Findings</u>

Health providers were asked to identify the top individual issues that affect the residents of the community as well as the top public health or environmental issues facing the community. Results from these questions are summarized on the following two graphs. As can be seen on the graphs, there is a significant amount of similarities between answers to these two questions with obesity ranking the highest need in both cases.







Forty percent of the providers felt Louisville was doing a good or very good job on preventive care, which is a significant improvement from the 2012 survey which reported 14%. However, the results related to mental health services did not improve from the 2012 survey; 54% said Louisville was a doing a poor or very poor job in mental health services.

Sixty-eight percent of the physician/community leader respondents said that Louisville was doing a good or very good job providing immunizations, while 25% said the city was doing a good job providing oral health services. Only 25% said the city was doing a good or very good job of drug and alcohol treatment, while 42% thought was doing a poor or very poor job.



When asked what would be the most helpful in addressing the health needs of Jefferson County, providers indicated the following:

- Increased access to primary care physicians (26.11%)
- Lower cost of health care and prescription drugs (13.89%)
- Offering chronic disease management classes (diabetes, high blood pressure, asthma, etc.) (13.89%)
- Nutrition education (8.33%)

Slightly more than half of the providers surveyed indicated they felt their patients/clients had difficulty accessing needed medical services. Approximately 25% of them felt this was a significant issue for their patients/clients.

The main barriers to access included:

- No transportation
- Inability to pay
- Patient/provider communication barriers
- Inconvenient office hours
- Limited availability of providers/offices (for Medicaid patients)

Community Input – Community Leader Interviews

Interviews were performed with 17 community leaders representing major employers, public health, public schools and universities, social service organizations and hospital board members (see *Appendix D* for a list of organizations as well as the interview guide). To assure that medically underserved were included in this CHNA, interviews were also conducted with agencies related to domestic violence, recent immigration to the United States and other organizations serving persons with low-income.

To ensure consistency in the topics covered a semi-structured interview guide was used. All interviews were conducted by Norton personnel. Feedback was gathered on pressing health care concerns, access challenges and identification of populations with serious unmet health care needs. Insights on provider engagement and approaches to improve our community's health were also solicited. Frequency and intensity of discussions on a specific topic were key indicators used for extracting main themes. The following needs and input were identified and described by the community leaders. The descriptions below are based on qualitative statements provided by key leaders.



Chronic Conditions

Chronic conditions:

- Chronic conditions such as obesity, diabetes, cardiovascular disease, hypertension and cancer are seen as pressing problems in the community.
- The aging population is seen as an emerging health need, along with the associated increase in chronic diseases and age-related illnesses such as Alzheimer's and dementia.

Behavioral Conditions

Behavioral and mental health issues:

- There is an increasing need for behavioral health in the community which includes treatment for substance abuse
- There is a lack of behavioral health services in the community.
- There is an increasing need for social and emotional support because historical support systems are no longer available.
- Drug use (including prescription drug abuse) is seen as one of the most prevalent health issues impacting the community.
- There is a lack of awareness regarding available mental health services.
- Persons with mental health needs are viewed as having serious unmet health needs.

Drug abuse and violence:

- Drug abuse and violence are pressing issues that are impacting the community. Stakeholders noted that poverty, education and lack of employment opportunities are contributing factors.
- Substance abuse is impacting all economic classes

Socioeconomic Conditions

Access to health care:

- There are inadequate hours or locations for basic health services within Jefferson County. Appointments are not available on days and times that make it easier to be seen, such as evenings and weekends.
- There is a shortage of providers in the south and western parts of the county.
- Because of the long wait lists for appointments with certain specialists, patients often put it off, resulting in more severe illnesses when they finally seek treatment.


Community Health Needs Assessment 2016

- People need access close to home. Efforts should be made to communicate locations and available services.
- There is a need for more preventive screenings and efforts should be made to effectively communicate their availability.
- There is a shortage of school nurses.
- Consider expanding school based health care for children and adolescents
- Persons do not seek medical treatment due to fear of high copays and deductibles.
- Certain services such as mental health and dental care are not available to low-income and uninsured families.

Service coordination:

- There is a need for coordinated care among different types of care providers and better need to connect with neighborhoods where people live to help people stay healthy
- There is a lack of access to medical homes. Increasing access to medical homes could improve care coordination.
- Navigators are needed in the community to help manage chronic care.
- Facilitate navigation so people know where to go when they need service or care.

Needs related to social determinants:

- Persons living in poverty and immigrants are seen as having serious unmet health needs.
- Economic growth is needed to fuel jobs in the community.
- There is a lack of affordable, healthy nutrition in the community.
- Refugees and immigrants have a difficult time accessing social services/welfare and it limits their ability to access health services.
- Lack of transportation impacts many individual's ability to get to medical appointments or treatments.

Community Demographics

Health literacy and education:

• Many individuals need assistance to understand what health care services are available and how to access them. The system is confusing and hard to navigate for many people. Insurance benefits are hard to understand as well.



Community Health Needs Assessment 2016

- There is a growing immigrant population in Jefferson County which requires increased efforts health education and communication regarding medical services.
- People are generally uninformed of available free screenings. Health care systems should do more to promote and provide free screenings.
- Health care providers should utilize social media for messaging and appointment reminders.
- The 211 program should be utilized more by health care providers and promoted to underserved populations as a resource.
- Health care organizations should engage community partners such as schools, churches and out of school providers and work with people/organizations who are already communicating with people in communities to promote and educate persons on health-particularly healthy behaviors
- A community/neighborhood ambassador program might be beneficial in communicating and educating the public on health.
- Education regarding health behaviors needs to be focused on children (and by extension their parents) through school and after-school programs.



Community Resources

The availability of health care resources is a critical component to the health of a county's residents and a measure of the soundness of the area's health care delivery system. An adequate number of health care facilities and health care providers are vital for sustaining a community's health status. Fewer health care facilities and health care providers not only impact the access to services but also the timely delivery of services.

Hospitals and Health Centers

The primary service area has good access to hospital care with over 3,700 inpatient acute care beds. Review of occupancy rates for each hospital indicates that the need is being met. The State Health Plan regulates health services provided, by a Certificate of Need process, which establishes criterion based on community need. With current capacity any expansion would introduce complexities. The exhibit below summarizes the hospital services available to residents of the community.

Facility	Address	County	Bed Size
Norton Children's Hospital	200 E Chestnut St. Louisville, KY 40202	Jefferson	859
Norton Audubon Hospital	1 Audubon Plaza Drive Louisville, KY 40217	Jefferson	432
Norton Women's and Children's Hospital	4001 Dutchmans Ln. Louisville, KY 40207	Jefferson	343
Norton Brownsboro Hospital	4960 Norton Healthcare Blvd. Louisville, KY 40241	Jefferson	127
Baptist Health Louisville	4000 Kresge Way, Louisville, KY 40207	Jefferson	468
Jewish Hospital & St. Mary's Healthcare	200 Abraham Flexner Way, Louisville, KY 40202	Jefferson	517
University of Louisville Hospital	530 S Jackson St., Louisville, KY 40202	Jefferson	384
Saints Mary & Elizabeth Hospital	1850 Bluegrass Avenue, Louisville, KY 40215	Jefferson	298
Kindred Hospital	1313 Saint Anthony Place, Louisville, KY 40204	Jefferson	337

Table 13 Summary of Acute Care Hospitals and Health Centers

Source: KY Cabinet for Health & Family Services/Norton Healthcare

The primary service area has modest access to psychiatric inpatient care with only 666 beds as seen in the exhibit below. Occupancy rates show a possible strain of providing needed services. And, these services are also regulated by the State Health Plan and the CON process.



	Summary Esychiatric Latinties		
Facility	Address	County	Bed Size
Baptist Health Louisville	4000 Kresge Way, Louisville, KY 40207	Jefferson	22
Our Lady of Peace	2020 Newburg Rd., Louisville, KY 40205	Jefferson	396
Jewish Hospital & St. Mary's Healthcare	200 Abraham Flexner Way, Louisville, KY 40202	Jefferson	20
Norton Children's Hospital	200 E Chestnut St. Louisville, KY 40202	Jefferson	46
The Brook Hospital - Dupont	1405 Browns Lane, Louisville, KY 40207	Jefferson	76
The Brook Hospital - KMI	8521 LaGrange Rd., Louisville, KY 40242	Jefferson	86
University of Louisville Hospital	530 S Jackson St., Louisville, KY 40202	Jefferson	20

Table 14 Summary Psychiatric Facilities

Source: KY Cabinet for Health & Family Services/Norton Healthcare

Seven Counties Services, a local social services agency, mission is about helping individuals and families affected by mental illness and developmental abilities, addictions and abuse. The organization serves Bullitt, Henry, Jefferson, Oldham, Shelby, Spencer and Trimble counties in Kentucky. It has developed a strong affiliated network of providers to help meet the mental health needs of our community.

The Kentucky Office of the Inspector General's inventory lists 268 licensed nonhospital health care facilities in Jefferson County. The types of facilities include ambulatory care facilities, adult day care, dialysis centers, rehabilitation agencies and special medical technology locations. A complete listing may be obtained through the Kentucky Cabinet for Health and Family Services at http://chfs.ky.gov/ohp/con/inventory.htm.

Federally Qualified Health Centers

Four areas within Jefferson County have been designated as Medically Underserved Areas by the Health Resources and Services Administration (HRSA). Table 15 lists Federally Qualified Health Centers which have been established to serve underserved areas or populations. The map that follows the table identifies the Medically Underserved Areas in light blue as well as the location of each of the Federally Qualified Health Centers.



Community Health Needs Assessment 2016

Table 15 Summary of Federally Qualified Health Centers

Facility	Address	County
Family Health Center- Americana	4805 Southside Drive, Louisville, KY 40214	Jefferson
Family Health Center- East Broadw ay	834 E. Broadway, Louisville, KY 40204	Jefferson
Family Health Center- Fairdale	1000 Neighborhood Place, Fairdale, KY 40118	Jefferson
Family Health Center- Iroquois	4100 Taylor Blvd., Louisville, KY 40215	Jefferson
Family Health Center- Phoenix	712 E. Muhammad Ali Blvd., Louisville, KY 40202	Jefferson
Family Health Center- Portland	2215 Portland Avenue, Louisville, KY 40212	Jefferson
Family Health Center- Southwest	9702 Stonestreet Road, Medical Office Building 1, Louisville, KY 40272	Jefferson
Park Duvalle At City View	1015 W. Chestnut Street, Louisville, KY 40203	Jefferson
Park Duvalle At New burg Park	2237 Hikes Lane, Louisville, KY 40218	Jefferson
Park Duvalle Community Health Center	3015 Wilson Avenue, Louisville, KY 40211	Jefferson
Shaw nee Christian Healthcare Center	234 Amy Avenue, Louisvlle, KY 40212	Jefferson

Source: National Provider Database





Health Departments

The LMDPHW health department is located within the Hospital's primary service area of Jefferson County. LMDPHW operates multiple preventive health clinics and educational programs throughout Louisville Metro to community members regardless of their residency status or ability to pay. Clinics operated under the direction of LMDPHW and privately operated Federally Qualified Healthcare Centers are available at https://louisvilleky.gov/government/health-wellness/our-clinics.

Services provided by LMDPHW include: dental care, Women, Infants and Children (WIC), immunizations, family planning, pregnancy tests, head lice check, cancer screens, sexually transmitted infection testing, tuberculosis testing, diagnosis and treatment and well child exams.

The department also operates some mobile preventive clinics that can be deployed for mass vaccinations, infectious disease outbreaks or service delivery to underserved areas.

Other Community Resources

There are various social service agencies throughout Jefferson County available to assist residents with needs that fall outside the healthcare delivery system, yet impact overall health such as food, housing and utilities, childcare and job training services. *Table 16* provides a partial list of agencies available to address certain identified health needs.

Agency	Website	Telephone Number
Metro United Way	http://metrounitedway.org	502.583.2821
Louisville Metro Community Action Partnership	https://louisvilleky.gov/government/community-services/about-us	502.574.1157
Catholic Charities	http://cclou.org/	502.636.9263
Salvation Army	http://www.salvationarmyusa.org/	502.671.4900
Volunteers of America	http://www.voa.org/	502.636.0742
YMCA Safe Places	http://ymcasafeplaceservices.org/	502.635.5233
Meals on Wheels	https://louisvilleky.gov/government/community- services/services/get-information-about-meals-w heels-and-senior- nutrition	502.574.6325

Table 16 Community Resources



Prioritization of Identified Health Needs

Priority setting is a required step in the community benefit planning process. The IRS regulations indicate that the CHNA must provide a prioritized description of the community health needs identified through the CHNA and include a description of the process and criteria used in prioritizing significant health needs.

The following data was assessed to identify health needs for the community:

> Socioeconomic Indicators

- Household Income and Poverty
- Employment
- Insurance Coverage
- Educational Attainment

Community Health Status Indicators

- Leading Causes of Death
- Community Health Status Indicators
- Healthy Louisville 2020 Indicators

> Primary Data

- Community Health Survey
- Health Provider Survey
- Community Leader Interviews

As a result, the following summary list of needs was identified:

Chronic Conditions	Behavioral Conditions	Socioeconomic Conditions	Community Demographics
 Heart Disease Cancer Diabetes Stroke Respiratory Illnesses 	 Obesity Excessive Alcohol Use Poor Nutrition Smoking/Tobacco Use Physical Inactivity High Blood Pressure Mental Health-Acute Conditions Mental Health-Behavioral 	 Access to Care Lack of Primary Care Providers/Hours Uninsured/Limited Insurance Poverty Levels Lack of Coordinated Care Across the Continuum Poor or Lack of Dental Care Lace of Prenatal Care/ Low Birth Weight Teen Births Sexually Transmitted Infections Crime and Safety 	 Senior Health and Incidence of Chronic Care Needs (Identified as "Aging Population" in Community Health Survey and Interviews) Children's Health Lack of Health Knowledge/Education Single Parent Households Community Support



Using findings obtained through the collection of primary and secondary data, Norton completed a key findings summary for each identified health need (see *Appendix B*).

To facilitate prioritization of identified health needs, a modified Hanlon Method was used to rank the identified needs. The Hanlon Method is a well-respected technique which objectively takes into consideration explicitly defined criteria such as prevalence magnitude of each need. Included in *Appendix C* is a detailed listing of the criteria used, the scale used to rank the needs and the detailed prioritization table.

The following factors were used to prioritize the identified health needs:

- 1. The size of the problem
- 2. The seriousness of the problem
- 3. The impact of the issues on vulnerable populations
- 4. How important the issue is to the community
- 5. The prevalence of common themes
- 6. The ability to reduce overall health care costs for the community

Significant needs were further reviewed and analyzed regarding 1) how closely the need aligns with Norton's mission and strategic priorities, 2) alignment with state and local health department initiatives and 3) whether or not existing programs exist (within Norton or other community organizations) that are addressing the need.

Based on the information gathered through this Community Health Needs Assessment and the prioritization process described above, the health needs below have been identified as the most significant health needs in the community. Opportunities for health improvement exist in each area. Norton Healthcare Leadership and the Community Benefit Committee of the Board of Trustees will work to identify areas where Norton can most effectively focus its resources to have significant impact and develop an Implementation Strategy for 2017-2019.

Chronic Conditions	Behavioral Conditions	Socioeconomic Conditions	Community Demographics
 Heart Disease Cancer Diabetes Stroke 	 Obesity Smoking / Tobacco use 	 Access to Care Lack of Primary Care Providers/Hours 	 Senior Health and Incidence of Chronic Care Needs (Identified as "Aging Population "in Community Health Survey and Interviews) Children's Health

APPENDICES

APPENDIX A

Healthy Louisville 2020 Tracker

Healthy Louisville 2020 Tracker

Reported as of 3/14/16

Tracker for Jefferson County, Kentucky

ator	Current a	nd Target	Data	Sinco Prior Perio
ss to Health Services				
Residents Who Have a Primary Care Provider	Current: Target:	91.7 99	91.7 99 Current Target	4
Residents Without Insurance	Current: Target: percent	8.3 0	Current Target	\checkmark
er Prevention and Screening				
Age-Adjusted Death Rate due to Breast Cancer	Current: Target: deaths/100,000	27.5 20.3	Current Target	
Age-Adjusted Death Rate due to Cancer	Current: Target: deaths/100,000	192.5 171.7	192.5 171.7	
Age-Adjusted Death Rate due to Cervical Cancer	Current: Target: deaths/100.000	3 3.2	30 3.2 Current Target	
Age-Adjusted Death Rate due to Lung Cancer	Current: Target: deaths/100,000	57.2 57.5	57.2 57.5	
Age-Adjusted Death Rate due to Prostate Cancer	Current: Target: deaths/100,000	20.3 17.5	Current Target	
Colorectal Cancer Screening	Current: Target: percent	72.8 72.3	728 723 Current Target	4
Mammogram History	Current: Target:	75.7 87.5	75.7 87.5	

Chronic Disease Prevention and Screening

Adults With Hypertension	Current: 35.3 Target: 35.1 percent 35.1	Current Target
Age-Adjusted Death Rate due to Cerebrovascular Disease (Stroke)	Current:37.2Target:35.4deaths/100,000 population	37.2 35.4 Current Target
Age-Adjusted Death Rate due to Coronary Heart Disease	Current:75.5Target:94.8deaths/100,000 population	Current Target
Age-Adjusted Death Rate due to Diabetes	Current: 24.5 Target: 24.7 deaths/100,000 population	Current Target

Healthy Louisville 2020 Tracker (continued)

Reported as of 3/14/16

Tracker for Jefferson County, Kentucky

cator	Current an	nd Target	Data	Sinc Prio Perio
thy Mothers and Healthy Babies				
				-
	Current:	9.3	9.3 8.5	
Babies with Low Birth Weight	Target:	8.5		~
	percent		Current Target	_
	Current:	94.7	94.7 100	~
Children Attending Daycare Immunizations	Target:	100		
	percentage		Current Target	
Infant Mortality Rate	Current:	6.7	6.7 6.75	
	Target:	6.75		~
	deaths/1,000 live		Current Target	_
	Current:	73	73.0 88	-
Mothers who Received Early Prenatal Care	Target:	88		
	percent		Current Target	_
	Current:	12.1	12.1	~
Mothers who Smoked During Pregnancy	Target:	16.1		
	percent		Current Target	
	Current:	10.6	10.6 7.8	
Preterm Births	Target:	7.8		
	percent		Current Target	-
	Current:	9.7	9.7	
Racial Disparity in Infant Mortality Rate	Target:	5.7		~
	per 1,000 live birt	ths	Current Target	
	Current:	29.7	29.7 37.2	~
Teen Birth Rate	Target:	37.2		
	live births/1,000 fe	emales aged 15-19	Current Target	

Healthy Neighborhoods and Healthy Homes

Current:	25.1	25.1 29	
Target:	29		\checkmark
percent		Current Target	
Current:	30	30.0 34	
Target:	34		\checkmark
days		Current Target	
Current:	87	87.0 70	
Target:	70		
Current:	7.6		
Target:	13.3		\checkmark
percent		Current Target	
	Target: percent Current: Target: days Current: Target: Current: Target:	Target: percent29Current:30Target: days34Current:87Target: Target:70Current: Target:7.6Target: Target:13.3	Current: 20.1 20.1 Target: 29 Current Target Current: 30 30.0 Target: 34 Current Target days Current Target 70 Current: 7.6 Current Taget Target: 13.3 70

HIV Prevention and Screening

HIV People Who Know Their Status	Current: Target:	70.1 90		>
	percent		Current Target	

Healthy Louisville 2020 Tracker (continued)

Reported as of 3/14/16

Tracker for Jefferson County, Kentucky

Indicator	Current ar	nd Target	Data	Since Prior Period
Injury and Violence Prevention				
Fatal Injuries	Current: Target: per 100,000 pop	50.3 46.2 ulation	50.3 46.2 Current Target	
Homicide Rates	Current: Target: per 100,000 pop	8.4 6.3 ulation	Current Target	
JCPS Schools With a Serious Violent Incidence	Current: Target:	60.2 60	60.2 60 Current Target	\checkmark
Non-fatal Gun-shot Rate	Current: Target: per 100,000 pop	28.6 21.1 ulation	Current Target	
Mental and Behavioral Health				
Age-Adjusted Death Rate due to Suicide	Current: Target: deaths/100,000	15.3 12.6 population	Current Target	

	deaths/100,000 population	Current Larget
	Current: 255.7	255.7 210
Depression Hospitalization for Preteens/Teens	Target: 210	
	per 100,000 population	Current Target
Depression Hospitalization for Suicide Attempts in	Current: 124.7	124.7
Preteens/Teens	Target: 75.2	
Fieldens/Teens	per 100,000 population	Current Target

Obesity Prevention

Adult Fruit and Vegetable Consumption	Current: Target: percent	26 28.6	Current Target	-
Adults who are Obese	Current: Target: percent	29.2 26.4	29.2 26.4 Current Target	-
Adults Who Participate in Physical Activity	Current: Target: percent	50.8 57.4	50.8 57.4 Current Target	-
Kindergartners Who Are Obese	Current: Target: percent	18.2 16.1	Current Target	
Sixth Graders Who Are Obese	Current: Target: percent	18.6 21.8	18.6 21.8 Current Target	<

Healthy Louisville 2020 Tracker (continued)

Reported as of 3/14/16

Tracker for Jefferson County, Kentucky

Indicate	or	Current ar	nd Target	Data	Since Prior Period
Oral He	palth				
	Adults Who Used Oral Health Care System	Current: Target: percent	64.9 76	64.9 76 Current Target	❤
	Children Enrolled in Medicaid Receive Dental Services	Current: Target: percent	40 100	40.0 Current Target	-

Social Determinants of Health

	Current:	15.9	15.9 15.5	
Adults at or Below Poverty Level	Target:	15.5		\checkmark
	percent		Current Target	
	Current:	8.3	83 7.5	
Food Deserts in Louisville Metro	Target:	7.5		
	percent		Current Target	
	Current:	3.3	3.3 4.1	
Gap in Life Expectancy	Target:	4.1		\checkmark
	years		Current Target	
	Current:	10187	10187.0 81.50	
Homeless People	Target:	8150		
	people		Current Target	
	Current:	9.1	9.1 7.7	
SNAP Eligible but Not Enrolled	Target:	7.7	· · · · · · · · · · · · · · · · · · ·	-
	percent		Current Target	_
	Current:	4.3	9.2	
Unemployed Workers in Civilian Labor Force	Target:	9.2	3.9	-
· ·	percent		Current Target	

Substance Abuse

	Current:	17.4	17.4 14.1
Adults who Binge Drink	Target:	14.1	
	percent		Current Target
	Current:	23.8	238
Death Rate Caused by Overdose	Target:	14.4	
	Rate per 100,000	0 population	CurrentTarget
	Current:	11	11.0 10
Students Engaging in Binge Drinking	Target:	10	
	percent		Current Target
	Current:	11.6	
Students Reporting Use of Alcohol or Any Illicit Drug	Target:	23.9	
	percent		Current Target

APPENDIX B

Key Findings by Identified Need

	Data Assessment (Secondary Research)	Community Survey (Primary Research)	Physician/Provider Survey (Primary Research)	Community Leader Interviews (Primary Research)	Health Disparities (2014 Health Equity Report)
Heart Disease	2 nd leading cause of resident deaths	 5th Highest Need identified on Community Survey (10%) 	 Heart disease and stroke noted as 3rd highest individual health need and 5th highest environmental need 	Noted as health issue in the community	 Higher rates of heart disease in Central and West sectors of Jefferson County According to 2011 BRFSS, heart disease impacts nearly 8% of the black population compared to 4% of white population
Cancer	 #1 leading cause of resident deaths Cancer and Cancer deaths rank in the least favorable quartile according the CHSI Breast, Colon, Lung Cancer Incidence rate higher than national rates and HP2020 goals. Death rates for Cancer, including Breast and Prostate Cancer, are above target per Healthy Louisville 2020 current measurement 	 4th highest need identified on the Community Survey (11%) 	 Noted as one of the highest individual health needs on provider survey 	Noted as health issue in the community	The highest death rates due to cancer are concentrated around the central downtown area.

	Data Assessment (Secondary Research)	Community Survey (Primary Research)	Physician/Provider Survey (Primary Research)	Community Leader Interviews (Primary Research)	Health Disparities (2014 Health Equity Report)
Diabetes	 Almost 400,000 persons have diabetes in the State of Kentucky per State ofObesity.org Diabetes deaths rank in the least favorable quartile according to CHSI 1 in 10 adults in Louisville currently live with diabetes (2014 Health Equity Report) 	Identified as a need on the Community Survey.	 Identified as 5th highest individual health need 	Noted as health issue in the community	 62% of the population is living in high-risk environments. According to 2011 BRFSS, 13.4% of black males are diabetic or prediabetic compared to 8.1% for white males; 13.1% of black females are diabetic of prediabetic compared to 7.0% for white females
Stroke	 4th highest leading cause of resident deaths 			 Noted as health issue in the community 	 Premature death due to stroke is higher for blacks than whites
Respiratory Disease	 3rd highest leading cause of resident deaths Chronic lower respiratory deaths rank in the least favorable quartile according to CHSI 	 Identified as a health problem on the Community Survey 11th highest) 			

	Data Assessment (Secondary Research)	Community Survey (Primary Research)	Physician/Provider Survey (Primary Research)	Community Leader Interviews (Primary Research)	Health Disparities (2014 Health Equity Report)
Obesity	 29% (over 225,000 persons) are obese in the CHNA community Obesity ranks in the least favorable quartile according to CHSI 	 3rd highest identified need on the Community Survey 	 Obesity is top individual need and top environmental need identified. 	Access to nutritional foods	
Substance Abuse/Excessive Alcohol Use	 In the past two years drug deaths have increased by 30% in Kentucky Kentucky ranks 48th in the nation for drug deaths The death rate caused by overdose is currently 23.8 per 100,0000 population compared to a target of 14.4 per Healthy Louisville 2020. This represents a 30% increase in the past two years. The percent of adults in Louisville who binge drink (drink 5 or more drinks on an occasion at least once during the prior 30 days) is currently 17.4% 11% of students (grades 6-12) engage in binge drinking 	 Substance Abuse was 2nd biggest health problem identified in the Community Survey 	 Alcohol/Drug Abuse 2nd highest Individual Health Need identified on the Health Provider Survey. 	 There is a need for substance abuse treatment in the community. Drug use is seen as one of the most prevalent health issues impacting the community. Substance abuse is impacting all economic classes. 	Disparities exist in low-income areas.

	Data Assessment (Secondary Research)	Community Survey (Primary Research)	Physician/Provider Survey (Primary Research)	Community Leader Interviews (Primary Research)	Health Disparities (2014 Health Equity Report)
Poor Nutrition/Limited Access to Healthy Food Options	 Adult Obesity is 29% Only 26% of adults in Jefferson County eat five or more servings of fruits and vegetables per day 	 Nutrition noted as opportunity to improve health Obesity is 3rd highest need identified (12%) Poor diet is also identified as need in the Community Survey. 	 Obesity was top individual and environmental health need identified Poor Eating Habits identified as 6th highest environmental issue and Poor Diet was a top individual health need identified. 	Lack of affordable, nutritious food	 Food insecurity impacts persons with low-income Healthy nutrition is more difficult to access for persons with low-income
Adult Smoking/Tobac- co Use	 Kentucky ranks 49th in the nation for smoking Smoking ranks in the least favorable quartile according to CHSI 25.1% of adults currently smoke in Jefferson County 		 Tobacco use identified as 2nd highest environmental Issue 		
Physical Inactivity	 Only 50% of the adults in Louisville participate in physical activity 		 Lack of physical activity was 3rd highest environmental issue identified by providers. 		
High Blood Pressure	 35.3 % of adults have hypertension in Louisville 	 Identified as a need on the Community Survey. 	 Noted as one of the highest individual health needs on provider survey 	 Noted as a pressing problem in the community 	 High Blood Pressure is higher for blacks than whites
Mental Health	 Kentucky ranks 47th in poor mental health days according to America's Health Rankings Depression hospitalization for pre-teens/teens is 	 Mental Health identified as a top health problem on the Community Survey. 	 Mental Health was 4th highest individual and environmental health need identified (11%) 	 There is an increasing need for mental health services There is a lack of awareness of mental health services 	

	Data Assessment (Secondary Research)	Community Survey (Primary Research)	Physician/Provider Survey (Primary Research)	Community Leader Interviews (Primary Research)	Health Disparities (2014 Health Equity Report)
	significantly higher than target per Health Louisville 2020. (255.7 per 100,000 population) • Depressions for suicide attempts is significantly higher than target per Health Louisville 2020.			 Persons with mental health issues are viewed as having serious unmet health needs. 	
Access to Care	8.3% of the population in Jefferson County does not have a Primary Care Provider	 Cost of Care was noted as the biggest barrier to care on the survey Inconvenient Hours and Locations of doctor's offices was 2nd biggest barrier identified on the community survey Lower Cost identified as a way to address health needs More screenings identified as key opportunity 	 Transportation, cost, inconvenient office hours and limited availability for Medicaid patients was noted as main barriers to care Over 50% of the providers felt their patients had difficulty accessing needed medical services 	 Shortage of Providers in South and Western parts of the County Inadequate office locations Community based healthcare access is recommended. Expand home health Affordability of services noted as a social/socio- economic factor to consider. There are long wait lists for appointments with some specialists. Certain services such as mental health and dental care are not 	 Zip codes with the highest Community Need Index are concentrated in the Central, West and Southwest sectors of Jefferson County.

	Data Assessment (Secondary Research)	Community Survey (Primary Research)	Physician/Provider Survey (Primary Research)	Community Leader Interviews (Primary Research)	Health Disparities (2014 Health Equity Report)
				available to low- income and uninsured families.	
Lack of Primary Physicians (Locations and Hours			 Providers noted access issues being a significant issue for a majority of their patients/clients. Inconvenient office hours and Limited availability of providers (for Medicaid patients) were cited as reasons for access issues. 	 There are inadequate hours or locations for basic health services within Jefferson County. There is a shortage of Providers in South and Western parts of the County 	
Uninsured/Limited Insurance	Over 90,000 persons are uninsured in the CHNA Community per the most recent information available through the American Community Survey. However, current rates have continued to drop and are currently 9% (or approximately 70,000 persons) per www.enrollamerica .com		 Providers noted access issues being a significant issue for a majority of their patients/clients. Inability to pay, Limited availability of providers (for Medicaid patients) and no insurance were cited as reasons for access issues. 	Certain services such as mental health and dental care are not available to low- income and uninsured families	Central, South and West sectors have higher rates of uninsured population.

	Data Assessment (Secondary Research)	Community Survey (Primary Research)	Physician/Provider Survey (Primary Research)	Community Leader Interviews (Primary Research)	Health Disparities (2014 Health Equity Report)
	Research	(Primary Research)	(Primary Research)	Research	Equity Report)
Poverty Levels	 There is extreme poverty in certain segments of Jefferson County The Central and West sectors of Jefferson County have poverty rates twice that of the Kentucky and National rates. There are 10,187 people living with homelessness in Jefferson County. 9.1% of people in Louisville are eligible for SNAP benefits but not enrolled. 			 Economic growth is needed to fuel jobs Refugees and immigrants have a difficult time accessing social services Lack of transportation impacts individual's ability to get to medical appointments 	 Over 40% of adults (18-64) living in Russell, Phoenix Hill-Smoketown- Shelby Park, California- Parkland, Algonquin-Park- Park Hill and Park Duvalle live in poverty Nearly one in every four children is growing up without enough basic resources, limiting his or her future development and potential.
Coordinated Care across the Continuum				 Lack of access to medical homes There is a need for coordinated care amount various types of providers Navigators are needed in the community to help manage chronic 	

	Data Assessment (Secondary Research)	Community Survey (Primary Research)	Physician/Provider Survey (Primary Research)	Community Leader Interviews (Primary Research)	Health Disparities (2014 Health Equity Report)
Poor Dental Health/Lack of Dentists	 Only 40% of all children enrolled in Medicaid or KCHIP received dental care in 2013 The percentage of adults who used the oral health care system in the past 12 months is 64.9% compared to a target of 76% per Healthy Louisville 2020. 				
Need for Pre-Natal Care/Low Birth- weight	 Percentage of Low Weight Births compares negatively to state and national rates % of mothers who receive early prenatal care is 73% 				
Teen Births	Teen births rank in the lowest quartile according to CHSI				
Sexually Transmitted Infections	 The percentage of people who are infected with HIV and know their status is 70% compared to a target rate of 90% per Healthy Louisville 2020. 				 Age-Adjusted HIV Death Rates are highest in West, Central and Inner East sectors of Jefferson County

	Data Assessment (Secondary Research)	Community Survey (Primary Research)	Physician/Provider Survey (Primary Research)	Community Leader Interviews (Primary Research)	Health Disparities (2014 Health Equity Report)
Crime and Safety	 Homicide rates are above target per Health Louisville 2020. Non-fatal gun-shot rate is 28.6 compared to a target of 21.1per 100,000 population per Healthy Louisville 2020. 	 Violent Crime is 10th biggest problem identified on the Community Survey. 	 Violent crime is 8th highest environmental need identified 	 Promote safe and healthy neighborhoods Violence is seen as a pressing issue impacting the community. 	Homicide rates are highest in low- income neighborhoods
Senior Health and Incidence of Chronic Care Needs	 Jefferson County's 65+ population is projected to increase 18.4% by 2021 	 Identified as the biggest health problem on the Community Survey 	 Identified as 6th highest individual need 	Aging population noted as a social/socio- economic factor to consider	•
Children's Health	 Childhood obesity rates in Kentucky are some of the highest in the nation. The percent of mother receiving prenatal care is 73% compared to the target of 88% per Healthy Louisville 2020. The number of children in case management with blood levels >14 ug/dl is above target per Healthy Louisville 2020. 			 Shortage of school nurses There is a need to reach children (and by extension their parents) through school, after- school and church outreach. Expansion of school-based health care for children and adolescents should be considered. 	Healthy Louisville 2020 indicates a racial disparity in the Infant Mortality Rate

Data Assessment (Secondary Research)	Community Survey (Primary Research)	Physician/Provider Survey (Primary Research)	Community Leader Interviews (Primary Research)	Health Disparities (2014 Health Equity Report)
 Depression hospitalization for pre-teens/teens is significantly higher than target per Health Louisville 2020. (255.7 per 100,000 population) Depressions for suicide attempts is significantly higher than target per Health Louisville 2020. 18.2% of kindergartners are obese in Jefferson County. 11% of students (grades 6-12) engage in binge drinking Admissions for drug-addicted infants was 1,409 in 2014 compared to 955 in 2013 				

	Data Assessment (Secondary Research)	Community Survey (Primary Research)	Physician/Provider Survey (Primary Research)	Community Leader Interviews (Primary Research)	Health Disparities (2014 Health Equity Report)
Lack of Health Knowledge/Educ- ation	Chronic Health Conditions	Trouble understanding insurance was one of the highest barriers noted on the survey		 Community Liaisons/Ambassa dors recommended Chronic disease management classes identified as opportunity Community Support groups/health coaches Education regarding healthy behaviors should be focused on children through school and after- school programs. The health care systems should do more to provide and promote free screenings Nurse navigators to work with community liaisons to manage chronic care Healthcare organizations should engagement community partners such as schools, churches, 	

	Data Assessment (Secondary Research)	Community Survey (Primary Research)	Physician/Provider Survey (Primary Research)	Community Leader Interviews (Primary Research)	Health Disparities (2014 Health Equity Report)
				 etc. who are already communicating with people in communities to promote and educate person on health related topics. The current health system is hard to navigate for many people and insurance benefits are hard to understand as well. 	
Single Parent Households	 Children in single- parent households rank in the bottom quartile according to CHSI 42% of children in Jefferson County live in a household headed by a single parent 				

	Data Assessment (Secondary Research)	Community Survey (Primary Research)	Physician/Provider Survey (Primary Research)	Community Leader Interviews (Primary Research)	Health Disparities (2014 Health Equity Report)
Community Support				 There is an increasing need for social and emotional support because historic support systems are no longer available. The 211 program should be utilized more by health care providers and promoted to underserved populations as a resource. 	

APPENDIX C

DETAILED DESCRIPTION OF PRIORITIZATION PROCESS

		Scale				
		1	2	3	4	5
с			Less than half of		A majority of the	
0	Does this Issue Affect a Large Population base?	Very few people	the people	Half the people	population	Everyone
м		Nothing	Minor impact on	Recognizable		Very Serious
м	Are the Consequences of Not Addressing This Problem Significant?	significant	the Community	impact	Serious impact	impact
U		Vorufour	Less than half of	Half the	A majority of the	
N	Does this Significantly Impact our Community's Vulnerable Populations? (1)	Very few minorities	the minority population	minority population	minority population	All Minorities
•	bles this significantly impact our community's vulnerable ropulations: (1)	minorities	population	population	Mentioned by	An Winonties
Т					most	Mentioned to
Y		Not an	Some mention	Average	Community	some degree by
	What is the Level of Priority for our Community?	identified need	by leaders	discussion	Leaders	All
P			Mentioned by a			
E R			small portion of			
C			the group	Mentioned		
-		Not mentioned	surveyed /	about half and	Mentioned by	Mentioned by
P	Was this Need (or has this need been) Identified by Multiple Sources?	by anyone	interviewed	half	Most	All
T		Not expected to	Could impact			
÷		have a	the level of cost to the		Substantial	Critical to
-	Do you Believe this Need is a Critical Element to Reduce the Cost of Healthcare in	significant economic		Some impact but		controlling rising
N	our Community?	impact	Constituents	not significant	impact	costs
					Aligned with	Aligned with
				Aligned with	Norton's mission	Norton's mission
			Related to some	mission but not	and a recognized	and identified as
	Does this Issue align with NHC's mission and strategic priorities?	Not at all	priorities	a priority	priority	a critical priority
Α					Aligned with	
L					State or Local	Aligned with
1			Related to some	U		both State and
G	Is this in Alignment with State and Local Health Department Initiatives?	Not at all	initiatives to my knowledge	deemed a priority	initiatives but not both	Local Health initiatives
Ν	is this in Alignment with state and Local Health Department initiatives:	Not at all	Kilowieuge	phonty	not both	mitiatives
М						
E						Existing program
Ν				Some resources	Existing program	and dedicated
т		No resources or	Limited	but not a formal	but not a	resources within
	Does NHC have existing Programs/ Resources that Respond to the Identifed Need?	programs	resources	program		the organization
			Capacity to		Existing capacity	Identified
				Program in place	within existing	resources and
		Net al all	a structured	but limited	program in the	commitment
	Do you Believe Norton has the Bandwidth to Address the Issue?	Not al all	program	capacity	organization	from leadership

Utilizing a modified Hanlon Method, health needs were ranked based on the 10 factors in the table below.

Twenty-three (23) members of Norton's management team rated each factor with a score between zero and five. The final ranking of health needs (based on aggregate scores) is reported on the following pages.

	TOP 10 COMMUNITY HEALTH NEEDS PRIORITIZED			
	Condition	Category		
1	Cancer	Chronic Condition		
2	Heart Disease	Chronic Condition		
3	Children's Health	Community Demographics		
4	Diabetes	Chronic Condition		
5	Obesity	Behavioral Condition		
6	Stroke	Chronic Condition		
7	Aging Population	Community Demographics		
8	Lack of Primary Care Physicians / Hours	Socioeconomic Condition		
9	Access to Care	Socioeconomic Condition		
10	Smoking/ Tobacco Use	Behavioral Condition		

Questions included in each category are outlined below

COMMUNITY PERCEPTION

- 1 Does this Issue Affect a Large Population base?
- 2 Are the Consequences of Not Addressing This Problem Significant?
- 3 Does this Significantly Impact our Community's Vulnerable Populations? (1)
- 4 What is the Level of Priority for our Community?
- 5 Was this Need (or has this need been) Identified by Multiple Sources?
- 6 Do you Believe this Need is a Critical Element to Reduce the Cost of Healthcare in our Community?

ALIGNMENT

- 1 Does this Issue align with NHC's mission and strategic priorities?
- 2 Is this in Alignment with State and Local Health Department Initiatives?
- 3 Does NHC have existing Programs/ Resources that Respond to the Identifed Need?
- 4 Do you Believe Norton has the Bandwidth to Address the Issue?

Prioritization was determined with a team of 23 leaders within the Norton organization

		COMMUNITY		
		PERCEPTION	ALIGNMENT	TOTAL
	Chronic Conditions			
2	Heart Disease	631	441	1,072
1	Cancer	648	449	1,097
4	Diabetes	625	401	1,026
6	Stroke	560	423	983
	Respiratory Illnesses	535	366	901
	Behavioral Conditions			
5	Obesity	618	392	1,010
	Excessive Alcohol Use	469	283	752
	Drug Use	578	303	881
	Poor Nutrition	564	337	901
10	Smoking/ Tobacco Use	584	357	941
	Physical Inactivity	549	344	893
	High Blood Pressure	558	380	938
	Mental Health - acute conditions	520	287	807
	Mental Health - behavioral	557	288	845
	Socioeconomic Conditions			
9	Access to Care	551	410	961
8	Lack of Primary Care Physicians / Hours	550	411	961
	Uninsured / Limited Insurance	512	358	870
	Poverty Levels	495	299	794
	Coordinated Care across the Continuum	496	366	862
	Poor or Lack of Dental Care	445	216	661
	Lack of Prenatal Care - Low Birth Weight	499	387	886
	Teen Births	454	347	801
	Sexually Transmitted Infections	439	315	754
	Crime and Safety	492	269	761
	Community Demographics			
7	Aging Population	570	393	963
3	Children's Health	583	437	1,020
	Lack of Health Knowledge/ Education	524	380	904
	Single Parent Households	430	266	696
	Community Support	458	338	796
		12,731	8,549	25,737

APPENDIX D

KEY STAKEHOLDER INTERVIEW PROTOCOL & ACKNOWLEDGEMENTS



Key Leader Interview Questions

Pressing Problems

- 1. What health care services are lacking in your community?
- 2. What health care services in the community are not being used well or to their capacity?
- 3. What emerging health needs do you expect to see in the coming years?
- 4. What do you believe is the single most pressing health issue impacting the community in which you live and work? Your family and friends? You?

Barriers

- 1. What health care services are difficult to access in your community?
- 2. What challenges keep individuals from seeking health care services?

Hospitals/health care engagement/responses

1. What role might hospitals play in addressing the healthcare needs of people in your community?

Global/universalizing

- 1. What is the single most important thing that could be done to improve health care in the community?
- 2. If you were in charge of improving the health of individuals in your community, what would you do first?
- 3. What groups of people in your community do you believe have the most serious unmet health care needs?



Key Leader Interview Acknowledgements

Americana Community Center Center for Women and Families Ford Foundation for a Healthy Kentucky Jefferson County Public Schools Louisville Metro Department of Public Health Metro United Way New Roots Norton Healthcare-Community Benefit Committee of the Board Seven Counties Shawnee Christian Healthcare Center Texas Roadhouse University of Louisville Yum Brands



Norton Hospital Norton Audubon Hospital Norton Women's and Children's Hospital Norton Brownsboro Hospital Norton Children's Hospital

Community Health Needs Assessment Implementation Strategy 2016

Executive Summary

Norton Healthcare (Norton) is a comprehensive health care system, providing a full range of medical services through its five hospitals, 20 outpatient facilities, including 12 Norton Immediate Care Centers and more than 200 physician practice locations. For more than a century, Norton has demonstrated its commitment to the community, providing quality and compassionate care to patients locally, regionally and statewide. Norton has further demonstrated its commitment to quality and transparency, being the first health system in the country to display quality outcomes metrics on the web, enabling patients and providers to compare performance with statewide and national results, as available.

Norton desires to continue providing clinical programs and services to meet community needs, while also pursuing continuous improvement in existing and future programs to improve the overall health of the communities they serve. As such, Norton conducted a Community Health Needs Assessment (CHNA), using primary and secondary data, to ensure community benefit programs and resources are focused on significant health needs as perceived by the community at large, as well as alignment with Norton's mission, services and strategic priorities.

As discussed in the Community Health Needs Assessment Report (CHNA), Norton defined its "community" as Jefferson County which accounts for 70.3% of Norton's patients. While Norton serves patients across a broader region, defining Jefferson County as its primary community allows Norton to more effectively focus its resources to address identified significant health needs, targeting areas of greatest need and health disparities. Norton collaborated with the Louisville Metro Department of Public Health and Wellness (LMDPHW) and other Louisville area health systems to gather initial primary data. Additionally, an on-line community health survey and a health provider survey were conducted and included in this evaluation as well as direct input from community leaders representing a broad constituent base.

The process identified the following health issues:

Chronic Conditions	Behavioral Conditions	Socioeconomic Conditions	Community Demographics
 Heart Disease Cancer Diabetes Stroke Respiratory Illnesses 	 Obesity Excessive Alcohol Use Poor Nutrition Smoking/Tobacco Use Physical Inactivity High Blood Pressure Mental Health-Acute Conditions Mental Health-Behavioral 	 Access to Care Lack of Primary Care Providers/Hours Uninsured/Limited Insurance Poverty Levels Lack of Coordinated Care Across the Continuum Poor or Lack of Dental Care Lack of Prenatal Care/ Low Birth Weight Teen Births Sexually Transmitted Infections Crime and Safety 	 Senior Health and Incidence of Chronic Care Needs (Identified as "Aging Population "in Community Health Survey and Interviews) Children's Health Lack of Health Knowledge/Education Single Parent Households Community Support

Key findings for each identified health need were summarized and health needs were prioritized, the process of which is outlined in the CHNA report. Norton Executive Leadership and the Community Benefit Committee of the Board of Trustees has identified areas where Norton can most effectively focus its resources to have significant impact and developed Implementation Strategies for 2017-2019, in conjunction with their strategic planning process.

Chronic Conditions Behavioral Conditions	Socioeconomic Conditions	Community Demographics
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• Hea	art Disease	• Obesity	Access to Care	Senior Health and Incidence of Chronic Care Needs
• Car	ncer	Smoking / Tobacco Use	Lack of Primary Care	(Identified as "Aging
• Dia	ibetes		Providers/Hours	Population "in Community Health Survey and Interviews)
• Stro	oke			Children's Health
				• Children's riealth

Implementation strategies have been developed and are outlined in the following pages. These are not intended to be all-inclusive or a comprehensive catalog of all activities of the acute care facilities as part of the Norton Healthcare system, but rather a representation of specific actions that have been committed and will be monitored over the course of the next three years.

The chart in Appendix A depicts the 10 items that will be implemented, tracked and measured over the next three years.

Appendix A

NORTON HEALTHCARE Community Health Needs Assessment Implementation Strategy							
#	Category of Need	Community Health Need	Target Population	Action Plan	Goal	Evaluation / Community Impact	Collaborative partners
1	Chronic Disease	Heart Disease	Female adult population in Jefferson County	Develop a women's educational program offering as a component of the Marshall Women's Center to promote awareness of symptoms indicating heart disease	Increase awareness to enable early detection of at risk patients	# of events and attendees	Internal : Norton Heart Care, N Good Health, NHC Church & Health Ministries
2	Chronic Disease	Heart Disease	Adult population in Jefferson County	Establish health ministry nurse skills / knowledge base and conduct Hypertension workshops	Early identification of hypertension patients with our faith partners	# of events; participants; # of patients identified for intervention	Internal: Norton Heart Care, N Good Health, NHC Church & Health Ministries External: NHC Faith based partners
3	Chronic Disease	Diabetes	Adult population in Jefferson County	Increase participation in diabetes management programs	Increase HbA1c testing and improve levels of our diagnosed patients	# of diagnosed patients (Type 1 and Type 2); % of those receiving HbA1c test annually	Internal : Norton Medical Group
4	Chronic Disease	Cancer - Smoking / Tobacco Cessation	Adolescent and Adult population in Jefferson County	Identify resources for oncology screening and program offerings, internal staff and opportunities for collaboration with other community agencies. Promotion of educational awareness of consequences of tobacco use	Increase cancer screenings	# of screenings, by type of condition	Internal: Norton Cancer Institute
5	Chronic Disease	Cancer	Minority population in Jefferson County	Assess community hemoglobinopathy needs, develop community health plan to fill gaps	Early detection of sickle cell patients	Minority participants; diagnosed cases	Internal: Norton Cancer Institute
6	Behavioral Need	Obesity	Pediatric and Adolescent population in Jefferson County	Partnership with YMCA of Greater Lou. Healthy Weight and Your Child Program	Improve physical health and well being of the children in our community	# of partner events and participants	Internal: Office of Child Advocacy, Norton Medical Group External: YMCA
7	Socio- economic Conditions	Access to Care	General population in Jefferson County	Increase education and awareness of alternative primary care office locations as an alternative to ED utilization - employed providers to expand hours and ensure walk-in patients can be seen	Improve community health	Reduce number of ED patients that do not have an aligned PCP	Internal: Norton Medical Group, Norton hospitals
8	Socio- economic Conditions	Lack of Providers/ Hours	population in	Utilize Norton Access Center to better navigate patients to nearby providers and streamline process.	Improve community health	Reduce wait times for primary care physician appointments	Internal: Norton Medical Group, Norton hospitals, Access Center
9	Community Demographics	Children's Health	Pediatric population in Jefferson County	Injury prevention - Bike Rodeo, Car Seat Checks, Helmet dist., Safe Sleep, Safe Kids coalition, Children Hospitals Wk, Safety City,	Improve the health of our children	Reduce injuries presented to ER	Internal: Office of Child Advocacy, Norton Children's Hospital, Norton Children's Medical Center, Norton Women's and Children's Hospital External: JCPS, Boys & Girls Club, Park DuValle, Shawnee Christian
10	Community Demographics	Children's Health	Pediatric population in Jefferson County	OCA wellness outreach and GoNoodle sponsorship - Physical activity workshops in schools and community settings	Increase physical health of our children	# of schools and community organizations as well as number of children participating in events	Internal: Office of Child Advocacy, Norton Children's Hospital, Norton Children's Medical Center, Norton Women's and Children's Hospital External: JCPS, Boys & Girls Clubs